

# ACADEMIC PLANNING SHEET

# B.S. HEALTH SCIENCE General Health Science Emphasis

COLORADO STATE UNIVERSITY – PUEBLO

2019-2020 CATALOG

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	Fall Semester		Spring Semester	
<b>First Year</b>	COMR 103: Speaking & Listening HS 101: Intro to Health Professions ENG 101: English Composition I PSYCH 151: Human Growth & Development Lower division selection courses	3 2 3 3 4	BIOL 220: Medical Terminology CIS 103: PowerPoint & Web Publishing CIS 104: Excel Spreadsheets ENG 102: English Composition II MATH 156: Statistics Lower division selection courses General Education	2 1 1 3 3 2 3
	<b>TOTAL SEMESTER HOURS</b>	<b>15</b>	<b>TOTAL SEMESTER HOURS</b>	<b>15</b>
<b>Second Year</b>	BIOL 223: Human Physiology & Anatomy I BIOL 223L: Human Physiology & Anatomy I Lab Lower division selection courses Upper Division selection course General Education	3 1 5 3 3	BIOL 224: Human Physiology & Anatomy II BIOL 224L: Human Physiology & Anatomy II Lab Lower division selection courses Upper division selection courses General Education	3 1 1 8 3
	<b>TOTAL SEMESTER HOURS</b>	<b>15</b>	<b>TOTAL SEMESTER HOURS</b>	<b>16</b>
<b>Third Year</b>	CHEM 111: Principles of Chemistry CHEM 111L: Principles of Chemistry Lab Upper division selection courses General Education Hours outside the major (electives)	3 1 2 3 7	NSG 207: Nursing Pathophysiology Upper division selection courses Hours outside the major (electives)	3 4 9
	<b>TOTAL SEMESTER HOURS</b>	<b>16</b>	<b>TOTAL SEMESTER HOURS</b>	<b>16</b>
<b>Fourth Year</b>	Upper division selection courses Hours outside the major (electives)	11 4	HS 494: Field Experience & Upper division selection courses <b>OR</b> HS 498: Internship	6 6 12
	<b>TOTAL SEMESTER HOURS</b>	<b>15</b>	<b>TOTAL SEMESTER HOURS</b>	<b>12</b>

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## General Education Requirements: 35 semester hours

- Y *ENG 101: English Composition I* (3)
- Y *ENG 102: English Composition II* (3)
- Y Mathematics Course (3)
  - Y *MATH 156: Statistics* (3)
- Y Humanities Courses (9)
  - Y *COMR 103: Speaking and Listening* (3)
- Y History Course (3)
- Y Social Sciences Courses (6)
  - Y *PSYCH 151: Human Development* (3)
- Y Natural and Physical Sciences Courses (8) ((2 courses with labs)
  - Y *BIOL 223: Human Anatomy and Physiology I* (3)
  - Y *BIOL 223L: Human Anatomy and Physiology I Lab* (1)
  - Y *BIOL 224: Human Anatomy and Physiology II* (3)
  - Y *BIOL 224L: Human Anatomy and Physiology II Lab* (1)

## Major Requirements:

*Core Course Requirements for HS Emphasis Area: 13 credit hours*

- Y HS 101: Intro to Health Professions (2)
- Y BIOL 220: Medical Terminology (2)
- Y CHEM 111: Principles of Chemistry (3)
- Y CHEM 111L: Principles of Chemistry Lab (1)
- Y CIS 103: PowerPoint and the Web (1)
- Y CIS 104: Excel Spreadsheets (1)
- Y NSG 207: Nursing Pathophysiology (3)

## Selection courses:

- Y ANTHR 100: Cultural Anthropology (3)
- OR**
- Y SOC 101 Intro to Sociology (3)
- Y BIOL 112: Nutrition (3)
- Y EXHP 162: Personal Health (3)
- Y EXHP 162L: Personal Health Lab (1)
- Y EXHP 201 Drugs and Healthy Lifestyles (3)

## Additional Graduation Requirements

- Y Total of 120 semester hours, minimum.
- Y Complete a minimum of 40 semester hours in upper-division courses.
- Y Overall cumulative grade point average of 2.00.
- Y A minimum of 60 semester hours must be earned from a four year institution. Of these, a minimum of 30 semester hours of credit must be earned in residence.
- Y Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- Y All other requirements as specified in the Catalog.

## Additional Major Graduation Requirements:

- Y Complete an emphasis of study with a cumulative GPA of 2.50 or higher
- Y Earn a minimum grade of a "C" in all prerequisite and major courses
- Y Repeat prerequisite and major courses with a grade of "D" or lower until a grade of "C" or higher is achieved; and
- Y Earn a cumulative of 2.0 or higher in required English and speech communication courses.

## Selection Courses cont.:

- Y EXHP 222: Behavior Facilitation (3)
- Y HS 230: Foundations of Public Health (3)
- Y AT 232: First Aid (2)
- Y AT 234: Emergency Care (2)
- Y HS 235: Communication and Health Science (3)
- Y AT 260: Illness/Injury Care and Prevention (3)
- Y AT 301: Physical Assessment (3)
- Y ENG 302: Grant Writing
- Y NSG 302/L: Health Promotion and Assessment / Lab (3)
- Y NSG 305: Ethical Issues in Health Care (3)
- Y NSG 308: Pharmacology in Nursing (3)
- Y SOC 315: Health, Culture, and Society (3)
- Y HS 320: Evaluation of Public Health Issues (3)
- Y HS 330: Epidemiology and Disease Prevention (3)
- Y AT 232: Function Exercise Training (2)
- Y NSG 331: Health Aging (2)
- Y HS 335: Public Health and Environment (3)
- Y HS 336: Community and Global Health (3)
- Y EXHP 343: Research and Statistics (3)
- Y EXHP 344/L: Exercise Physiology / Lab (4)
- Y NSG 351: Evidence Based Nursing Practice (3)
- Y PSYCH 362: Abnormal Psychology (3)
- Y EXHP 364 Kinesiology (3)
- Y NSG 371: Healthcare Informatics (2)
- Y HS 430: Public Health Program Planning (3)
- Y EXHP 432 Applied Sport and Exercise Psych (3)
- Y HS 435: Public Health Program Evaluation (3)
- Y EXHP 436: Exercise Assessment and Leadership (3)
- Y EXHP 440: Biomechanics (3)
- Y NSG 442: Global Public Health (3)
- Y EXHP 461: Managing Events and Programs (3)
- Y HS 494: Field Experience (1-6)

*Hours Outside the Major: 20 semester hours*

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