



**Colorado State University-Pueblo
 Outdoor Pursuits—Challenge Course
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Outdoor Pursuits Challenge Course Needs Assessment

GROUP NAME: _____ **PROGRAM DATE:** _____

GROUP LEADER NAME: _____ **PHONE NUMBER:** _____

The staff at the CSU-Pueblo Challenge Course wants to create a quality program for you. In order to get the most out of your short time with us, we need your valuable experience and knowledge of the group. By working closely together and sharing information, your group and our staff can create a great adventure learning experience. **Also, it is not only important that you understand the purpose and practice of the CSU-Pueblo Challenge Course, but that you convey this information to the rest of your group.** This knowledge will help your group to be adequately prepared to participate.

CSU-Pueblo Challenge Course program objectives are accomplished through interactive games and initiatives. Programs typically involve physical and/or mental challenges that involve cooperation, trust, risk, effective communication, and creativity. **CSU-Pueblo employs the working philosophy “Challenge By Choice”, which means that participants choose the degree to which they wish to participate and take risks.** Initiatives are followed by group discussion, which are crucial to the effectiveness of adventure education. Through discussion, the program experience is tied to the participants’ personal lives and related to their role within the group or organization.

Which of the following primary outcomes would you like for your group to work on while at the Challenge Course?

- Open lines of Communication _____ Appropriate Communication _____ Listening Skills _____
- Trust _____ Ask for Help _____ Work with others _____ Build Community _____
- Problem Solve _____ Explore New Ideas _____ Giving/Receiving Criticism _____
- Overcome Fear _____ Self Efficacy _____ Fail Forward _____ Balance (metaphorical) _____

How often does this group:

<u>Item</u>	<u>Frequency (1=Never->5=Always)</u>
▪ Openly share information with a few members of the group	1.....2.....3.....4.....5
▪ Openly share information with the entire group	1.....2.....3.....4.....5
▪ Act physically with one another	1.....2.....3.....4.....5
▪ Criticize constructively and not destructively	1.....2.....3.....4.....5
▪ Act silly together	1.....2.....3.....4.....5
▪ Support one another when taking risks	1.....2.....3.....4.....5
▪ Take initiative	1.....2.....3.....4.....5
▪ Recognize and address other peoples feelings and concerns	1.....2.....3.....4.....5
▪ Work to know everyone in the group	1.....2.....3.....4.....5
▪ Appreciate challenges	1.....2.....3.....4.....5
▪ Try new things	1.....2.....3.....4.....5
▪ Use creativity	1.....2.....3.....4.....5