

# about us

## STUDENT HEALTH STAFF

### **Director:**

Carol Daugherty, FNP-BC

### **Providers:**

Board Certified CSU-P Nursing  
Faculty

Erica Moran, RN

Kathy Perez, HCT I

Melody Grublak, HCT I

## STUDENT COUNSELING CENTER STAFF

### **Providers:**

Marla Lucero, MA, LPC

Cori Cameron, MA, LPC

Joanne Smiley, MSN, ANP, GNP-BC

John Hardy, MD

Kayliegh Traviero, Admin Assist

## HEALTH EDUCATION & PREVENTION PROGRAM

### **Coordinator:**

Sarah Lawson, BA

## STUDENT HEALTH SERVICES

ph 719.549.2830

fx 719.549.2646

email: shs@csupueblo.edu

hours: mon-fri 8:00am-5:00pm

## STUDENT COUNSELING CENTER

ph: 719.549.2838

hours: mon-fri 8:00am-5:00pm

## HEALTH EDUCATION & PREVENTION PROGRAM

ph: 719.549.2121

## important numbers

### **emergency**

csu-pueblo sheriff

title IX coordinator

parkview hospital

st. mary-corwin hospital

### **911**

719.549.2373

719.549.2223

719.584.4000

719.557.4000

[www.csupueblo.edu/SHS](http://www.csupueblo.edu/SHS)

[www.csupueblo.edu/CounselingCenter/  
HealthEducationPrevention](http://www.csupueblo.edu/CounselingCenter/HealthEducationPrevention)

[www.csupueblo.edu/CounselingCenter](http://www.csupueblo.edu/CounselingCenter)

student health  
services

counseling center

health education &  
prevention program



Student  
**Fees**  
At Work



## student health services

the mission of student health services is to provide acute and preventative care and promote wellness, to encourage academic success and leadership of the student population.

### PRIMARY CARE

acute, non-emergent medical issues, minor chronic issues

### PHYSICAL EXAMS

sports, nursing, well-woman, adult exams

### DERMATOLOGICAL

skin issues, cryotherapy, minor excisions

### VACCINATIONS

hepatitis b, influenza, mmr, tb skin tests, td, tdap, varicella

### CONTRACEPTION

counseling & condoms, oral contraception & depo-provera at cost, referral for other types of contraception

### LABORATORY TESTING

Blood draws & std testing

### HIV SCREENINGS

### FACULTY, STAFF, & FAMILY MEMBERS

\$30 fee for service in addition to regular fees that may be applicable

### FEES

CSU-P SHS is funded by student fees, so there is no charge for an appointment to see a medical provider. However, some services such as physical exams, procedures, lab testing or immunizations may require a fee. We do not accept health insurance at this time. No call/no shows will have a \$10 fee.

## health education & prevention

The mission of HEP is to provide prevention education, healthy living, and learning opportunities in order to sustain a wellness-focused environment that further develops academics and success for students of Colorado State University-Pueblo.

### OPPORTUNITIES AVAILABLE

#### CHOICES saturday's class

CHOICES can help students appreciate the risks associated with alcohol use and equip them with effective strategies for reducing the risk and harm associated with drinking in the college environment

#### HART BEAT (student recovery group)

HART is a community for students in recovery or seeking recovery from addiction

#### PROTECTING THE PACK

A designated driver pledge program

#### SCREENING, BRIEF INTERVENTION & REFERRAL TO TREATMENT (SBIRT)

Assessment, Other Drug Use Behavioral Intervention/Combined Intervention

#### REFERRAL SERVICES

Referrals to applicable on-campus or off-campus programs

#### SEEKING OURSELVES TO UNITE LEADERS (SOUL) peer educators

Diverse student group who are trained to provide educational programs and outreach

#### Step UP! bystander intervention

Equips students with tools and resources needed to handle situations such as alcohol poisoning and sexual violence



## counseling center

the mission of the counseling center is to provide a professional and confidential setting that meets the psychological, emotional, and developmental needs of students as they pursue their academic goals.

### CONFIDENTIALITY

all visits to the student counseling center are kept confidential within the limitations mandated by state and federal law. if you have questions, please be sure to discuss the limitations with your counselor.

### FEES

students are allowed 6 free visits with a counselor per semester. after this time, there will be a \$10 fee per session. if a student misses an appointment without advance notice, there will be a \$10 no-show fee added to the student's account.

## emergency numbers

suicide prevention hotline  
800.273.8255

mental health america  
800.456.3249

colorado crisis services  
844.493.8255

health solutions 719.545.2746

sexual assault hotline 800.656.4673