

ACADEMIC PLANNING SHEET

B.S. HEALTH SCIENCE Pre-Athletic Training Emphasis

COLORADO STATE UNIVERSITY – PUEBLO

2019-2020 CATALOG

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	Fall Semester		Spring Semester	
First Year	HS 101: Intro to Health Professions	2	AT 232: First Aid	2
	EXHP 162: Personal Health	3	AT 260: Injuries/Illnesses Care & Prevention	3
	EXHP 162L: Personal Health Lab	1	BIOL 112: Nutrition	3
	ENG 101: English Composition I	3	ENG 102: English Composition II	3
	MATH 156: Statistics	3	BIOL 100/L: Principles of Biology/Lab	4
	General Education	3	OR BIOL 206/L Microbiology and Lab	
	TOTAL SEMESTER HOURS	15	TOTAL SEMESTER HOURS	15
Second Year	AT 234: Emergency Care	2	BIOL 224/L: Human Physiology & Anatomy II/Lab	4
	BIOL 223/L: Human Physiology & Anatomy I/Lab	4	CIS 104: Excel Spreadsheets	1
	EXHP 222: Behavior Facilitation	3	COMR 103: Speaking & Listening	3
	PSYCH 151: Human Development	3	General Education	3
	General Education	3	General Education	3
	TOTAL SEMESTER HOURS	15	TOTAL SEMESTER HOURS	14
Third Year	AT 301: Physical Assessment	3	AT 323: Functional Exercise Training	2
	CHEM 111: Principles of Chemistry/Lab	4	BIOL 220 Medical Terminology	2
	EXHP 364: Kinesiology	3	EXHP 344: Exercise Physiology	3
	EXHP 343: Research and Statistics	3	EXHP 344L: Exercise Physiology Lab	1
	PSYCH 205: Introduction to Sport Psychology	3	EXHP 320: NSCA Test Prep	3
	TOTAL SEMESTER HOURS	16	PHYS 201/L: Principles of Physics General I/Lab	4
			TOTAL SEMESTER HOURS	15
Fourth Year	EXHP 436: Exercise Assessment	3	HS 498: Internship	12
	EXHP 440: Biomechanics	3	EXHP 432: Applied Sport and Exercise Psych	3
	EXHP 461: Managing Events and Programs	3		
	NSG 207: Nursing Pathophysiology	3		
	EXHP 201: Drugs and Healthy Lifestyles	3		
	TOTAL SEMESTER HOURS	15	TOTAL SEMESTER HOURS	15

DISCLAIMER: The Academic Planning Sheet is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of an academic advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered CSU-Pueblo.

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General Education Requirements: 35 semester hours

- ENG 101: English Composition I (3) ***
- ENG 102: English Composition II (3) ***
- Mathematics Course (3)
 - MATH 156: Statistics (3) ***
- Humanities Courses (9)
 - COMR 103: Speaking and Listening (3) ***
- History Course (3)
- Social Sciences Courses (6)
 - PSYCH 151: Human Development (3) ***
- Natural and Physical Sciences Courses (8) (2 courses with labs)
 - BIOL 223: Human Physiology & Anatomy I (3) ***
 - BIOL 223L Human Physiology & Anatomy I Lab (1) ***
 - BIOL 224: Human Physiology & Anatomy II (3) ***
 - BIOL 224L Human Physiology & Anatomy II Lab (1) ***

Required Major Courses: 68 semester hours

- HS 101 Introduction to Health Professions (2) **
- CHEM 111/L: Principles of Chemistry and Lab (4) **
- EXHP 162: Personal Health (3) **
- EXHP 162L: Personal Health Lab (1) **
- EXHP 201: Drugs and Healthy Lifestyles (3) **
- NSG 207: Nursing Pathophysiology (3) **
- EXHP 222: Behavior Facilitation (3) **
- AT 232: First Aid (2) **
- AT 234: Emergency Care (2) **
- AT 260: Injuries/Illnesses Care & Prevention (3) **
- AT 301: Physical Assessment (3) F
- EXHP 320: NSCA Test Prep (3) S
- AT 323: Functional Exercise Training (2) **
- EXHP 343: Research and Statistics (3) **
- EXHP 344: Exercise Physiology (3) **
- EXHP 344L: Exercise Physiology Lab (1) **
- EXHP 364: Kinesiology (3) **
- EXHP 432: Applied Sport and Exercise Psych (3) S
- EXHP 436: Exercise Assessment (3) **
- EXHP 440: Biomechanics (3) F
- EXHP 461: Managing Events and Programs (3) **
- HS 498: Internship (12) **

Institutional Graduation Requirements:

- Total of 120 semester hours, minimum.
- Complete a minimum of 40 semester hours in upper-division courses.
- Overall cumulative grade point average of 2.00.
- A minimum of 60 sem. hours must be earned from a four year institution. Of these, a minimum of 30 sem. hours of credit must be earned in residence.
- Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- All other requirements as specified in the Catalog.

Additional Major Graduation Requirements:

- Complete the major of study with a cumulative GPA of 2.00 or higher
- Earn a minimum grade of a "C" in all prerequisite and major courses
- Earn a cumulative of 2.0 or higher in required English and speech communication courses.

Other Required Courses 9 semester hours

- BIOL 112: Nutrition (3) **
- BIOL 220: Medical Terminology (2) S
- CIS 104: Excel Spreadsheets (1) **
- PSYCH 205: Introduction to Sport Psychology (3) F

Hours Outside the Major: 8 semester-hours

- BIOL 100/L: Principles of Biology and Lab (4) **
- OR
- BIOL 206/L: Microbiology and Lab (4) **
- PHYS 201: Principles of Physics I and Lab (4) **

** Course may be offered Fall or Spring

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