



**CSU
PUEBLO**

Save the Date

Friday, January 29, 2021

Two Dynamic Professional Development Workshops (FREE!)

- Teacher Self-Care in COVID Times (9-noon)
- Motivating and Engaging Students (1-4)

Pre-Register at <http://bit.ly/SoEPD>

These workshops will be presented by Tina H. Boogren, Ph.D.



Tina H. Boogren, PhD, is a fierce advocate for educators, particularly for their well-being. She is the author of numerous books centered around her passion areas of quality instruction, coaching, mentoring, and wellness and hosts the weekly podcast “Self-Care for Educators with Dr. Tina H. Boogren.” She lives in Denver, Colorado.

Sponsored by the School of Education and the Title V Grant