WHAT IS

JED

JED provides colleges and universities expert support, evidence-based best practices, and data-driven guidance to protect student mental health and prevent suicide. Through their JED Campus and JED Campus Fundamentals programs, they partner with campuses to assess communities needs, develop a customized strategic plan to build on existing strengths, and implement tools, strategies and techniques that lead to measurable improvements in student mental health and a more connected community.

> "IT'S BEEN INSPIRING TO SEE HOW QUICKLY THE CSU PUEBLO COMMUNITY HAS EMBRACED THIS INITIATIVE. THE CSUP JED CAMPUS TASKFORCE, MADE UP OF OVER 25 STAFF AND FACULTY, IS WORKING TOGETHER TO IMPLEMENT THE JED FOUNDATION'S STRATEGIC PLAN. WE INVITE STUDENT, FACULTY, AND STAFF INVOLVEMENT AT ANY LEVEL AND WELCOME ALL WHO WISH TO CONTRIBUTE.
> - GWEN YOUNG, ASSOCIATE DEAN HOLISTIC WELLBEING"

Scan here to learn more about JED at CSU Pueblo or how to get involved!

**COLORADO STATE UNIVERSITY
PUEBLO**

JED OFFERS A VARIETY OF TRAININGS AND WORKSHOPS TO SUPPORT STAFF & STUDENTS

POSTVENTION CONSULTING SERVICES
JED's experts will respond rapidly, reliably, and compassionately to support campus communities after a suicide or other tragic event. JED also helps in proactively strengthening or preparing crisis response measures.

"YOU CAN HELP" TRAININGS
In these in-depth interactive sessions, faculty, staff, and students learn how to recognize, respond to, and safely support students and peers in distress. The training is free to all JED Campus schools.

FRATURNITY & SORORITY LIFE SUPPORT & RESOURCES
JED helps fraternities and sororities holistically support their members' mental health through programs, resources, training, and campaigns.

COLLEGE STUDENT MENTAL HEALTH & WELL-BEING TRAINING
In this 45-minute online course, undergraduates practice self-care strategies and learn how to recognize when they or their peers are in distress and get help. The training was designed by Everfi (now Vector Solutions) using evidence-based JED content.

JED CAMPUS MEMBER