

SPRING 2025

# CSU PUEBLO JED CAMPUS



**CSU  
PUEBLO**

## Introduction to the Jed Foundation (JED)

FROM THE JED FOUNDATION WEBSITE

The Jed Foundation is a nonprofit that protects emotional health and prevents suicide for our nation's teens and young adults, giving them the skills and support they need to thrive today...and tomorrow.

We envision a future where:

- Every high school and college has a comprehensive system that supports student emotional health and reduces the risks of substance misuse and suicide.
- All teens and young adults are equipped to navigate mental health challenges and to seek and give help, and are emotionally prepared to enter adulthood and fulfill their potential.
- Our communities support the emotional well-being and mental health of teens and young adults.
- Mental health is recognized as part of general health and wellness and not associated with shame, secrecy, or prejudice.

For more information, visit <https://jedfoundation.org/the-story-of-jed/>

"Participating in the Jed Campus Program has been very helpful to Princeton in helping us organize our system-wide efforts at improving mental health and well-being, reducing student suicides, and reducing substance abuse. The Campus Program Framework has been useful in framing mental health as an institutional concern, and the recommendations generated through participation in the program has resulted in real change at Princeton. We are grateful for the expert consultation and the support."

- Director of Counseling Center, Princeton University

## JED Task Force Members

Ariel Pitzer  
Bonnie Fruland  
Carol Foust  
Erin Carrillo-Stresow  
Jenna McKinley-Fall  
Jose Chavez  
Joseph Yevara  
Justin Hiniker  
Justin Spaulding  
Leroy Sandoval  
Lucie Menjivar  
Meera Layton  
Megan Mitchell  
Molly Becker  
Monica Gallegos  
Paola Ibarra Mendez  
Shelby Serena  
Susan Calhoun-Stubber

Steering Committee:  
Halle Medina, Kayliegh  
Travieso, & Gwen Young

Advisors:  
Dr. Helen Caprioglio &  
Dr. Marie Humphrey



## Being a JED Campus

### AND OUR 4-YEAR TIMELINE

JED Campus is a signature program of The Jed Foundation (JED) designed to guide schools through a collaborative process of comprehensive systems, program, and policy development with customized support to build upon existing student mental health, substance use, and suicide prevention efforts. JED Campuses embark on a strategic partnership with JED that not only assesses and enhances the work that is already being done, but helps to create positive, systemic change in the campus community.

Our participation in the JED Campus program was funded through a grant by the Coalition of Colorado Campus Alcohol and Drug Educators (CADE).

## Want to help or receive updates?

Complete this form to volunteer or to be included in our email updates.



<https://csupstudentaffairs.wufoo.com/forms/jed-campus/>

### Year 1

#### Assessment & Strategic Planning

- Baseline assessment:
  - ACHA NCHA assessment
- Campus site visit
- Strategic plan created

**COMPLETED**

### Year 2 & 3

#### Implementation & Learning Community

- Task force creation
  - Sub-committees
- Prioritize action items in strategic plan

**IN PROGRESS**

### Year 4

#### Evaluation & Sustainability

- Post-assessment
- Establish new goals

**NEXT...**

For more information about our strategic plan, sub-committees, and updates, visit <https://www.csupueblo.edu/health-education-and-prevention/jedcampus.html>.