



**CSU Pueblo
Biennial Review**

2023

Table of Contents

INTRODUCTION TO THE BIENNIAL REVIEW	3
MISSION, GOALS, AND LEARNING OUTCOMES.....	4
ORGANIZATIONS, PROGRAMS, & PROMOTIONS	5
Peer Educators	5
Mindful Moments – Tobacco Free Living.....	5
The Aware-Wolf Party SMART	5
Alcohol and Other Drug Annual Events and Programs	5
EDUCATIONAL TOOLS	6
CHOICES	6
ECHECKUP TOGO Alcohol and Marijuana	6
Alcohol, Drugs and You	6
Step UP! Bystander Intervention	6
PREVENTION PROGRAMMING TO AT-RISK POPULATIONS.....	7
First-Year Students	7
Greek Life Students	7
Student Athletes	7
Minority Populations.....	8
SURVEY DATA & INFORMATION	9
POLICES AND PROCEDURES	13
Student Code of Conduct	13
AOD Sanction Table.....	14
Current AOD Policy.....	15
Current Tobacco Policy	21
FACULTY AND STAFF RELATED POLICIES.....	22
Drug-Free Workplace Policy.....	22
Alcohol and Other Drugs (Employee Policy):	22
SUMMARY	22

INTRODUCTION TO THE BIENNIAL REVIEW

Drug Free School and Communities Act (DFSCA)

The Drug Free Schools and Communities Act (DFSCA) requires, as a condition of receiving any federal funding or other financial assistance, that an institution of higher education certify it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol for students and employees on school premises and as a part of its activities. Colorado State University Pueblo (CSU Pueblo) is in compliance with the Drug Free Schools and Communities Act (DFSCA) and continues to conduct a biennial review on the effectiveness of its alcohol and other drug programs and services.

CSU Pueblo's Wellbeing Initiatives Program provides comprehensive alcohol and other drug prevention initiatives, programs, and services that focus on policy, environmental management, education, evidenced -based intervention/prevention, research, and assessment to all campus community members. The University complies with all local, state, and federal laws concerning alcohol and drugs.

CSU Pueblo students are responsible for acquainting themselves with these laws and the University's policies regarding alcohol and other drugs. Additionally, residential students are given information at their required floor meetings regarding alcohol and drug policies in the residence halls.

Below is a brief description of campus community responsibilities related to Alcohol and other Drugs:

- CSU Pueblo does not condone an environment that promotes the use of underage drinking to include binge drinking.
- The use or possession of marijuana, even with a valid medical marijuana license, is prohibited.
- All University property is tobacco and vape free.
- All employees must follow the Drug Free Workplace Policy. Violation of this policy will result in disciplinary sanctions, which may include termination.

Further descriptions of these policies are available year-round to students, staff, and employees at:

- **Alcohol and Other Drug Policy:** <http://csu-pueblo-policies.colostate.edu/policy.aspx?id=121>

- **Smoking and Tobacco Policy:** <http://csu-pueblo-policies.colostate.edu/policy.aspx?id=42>
- **State of Colorado Executive Order B2018-011- Tobacco Free State Buildings:** <https://archives.colorado.gov/collections/governors/governor-john-hickenlooper-executive-orders#eo2018>
- **Drug Free Workplace Statement:** <https://www.csupueblo.edu/human-resources/doc/drug-free-workplace-statement.pdf>
- **Student Code of Conduct:** <https://www.csupueblo.edu/student-conduct/doc/student-code-of-conduct.pdf>
- **Residence Life and Housing Handbook:** <https://www.csupueblo.edu/residence-life-and-housing/doc/housinghandbook.pdf>

MISSION, GOALS, AND LEARNING OUTCOMES

Health Education & Wellbeing Initiatives

Provide healthy living and learning opportunities to sustain a wellness-focused environment that further develops integrated health promotion services and success for Colorado State University Pueblo students.

Goals:

1. To provide prevention and promotion education regarding alcohol and other drugs
2. To foster an inclusive health and wellness model for the campus community

Learning Outcomes:

1. Students will recognize how healthy choices lead to success and timely graduation as demonstrated by attendance to trainings, presentations, and programs.
2. Students will show an understanding that a healthy lifestyle leads to a better overall emotional, physical, and psychological personal wellness as demonstrated by surveys.

ORGANIZATIONS, PROGRAMS, & PROMOTIONS

Peer Educators

CSU Pueblo's peer educators are a diverse group of students who are trained as certified peer educators to provide educational programs and outreach on responsible student decision-making towards health, wellness, and safety topics including alcohol, drugs, sexual violence, sexually transmitted infections, and stress management. Peer Education provides a way for students to talk to other students about lifestyle choices with the goal of harm reduction. In other words, peer education allows students to make personal decisions while encouraging and helping them to make those decisions in safer and healthier ways. Peer educators are trained in Mental Health First Aid, QPR, harm reduction language and strategies, and are trained in the current language surrounding substances and substance-related issues.

Mindful Moments – Tobacco Free Living

In an effort to promote a tobacco and vape free campus, Health Education and Promotion (HEP) and the Wolfpack Counseling Center have created a collaborative effort to establish a tobacco cessation support network that incorporates Acuwellness. This program is free for all students, staff, and faculty.

The Aware-Wolf Party SMART

The Aware-Wolf Party SMART program is a social norming campaign aimed at promoting the positive choices CSU Pueblo students make regarding alcohol and other drugs. Funded by the Coalition of Alcohol and Drug Educators (CADE), the campaign shares the realities of these topics within the campus culture, and seeks to increase good decisions that make students, their friends, and their community safer. When it comes to responsible choices regarding alcohol and other drugs, CSU Pueblo Students are Aware Wolves that choose to Party SMART.

Alcohol and Other Drug Annual Events and Programs

Red Ribbon Week, National Alcohol and Drugs Fact Week, Spring Break Survival Week, and much more. Examples of programs and activities: Binge Drinking Education Information at PackFest, Homecoming Tailgate, Study Aids Tabling at PackFest, Pack Passport Party, Welcome Week- Pack the Patio, Neon Bingo, Homecoming Tailgate, Drunk Google Obstacle Course at Pack Passport Party, Standard Pour Education with Mocktails at Pack Passport Party and ASG Pardi Gras , Aware Wolf AOD Binge Drinking and Alcohol Poisoning

Campaign at PackFest, Homecoming Tailgate, and Anti-Hustle and Anti-Grind Campaign at PackFest and StressBuster Week.

EDUCATIONAL TOOLS

CHOICES

HEP provides CHOICES educational intervention for students interested in making behavioral change with low to moderate alcohol use. This brief alcohol abuse prevention program can have a significant impact on students' health and well-being- CHOICES can help students appreciate the risks associated with alcohol use and equip them with effective strategies for reducing the risk and harm associated with drinking in the college environment.

ECHECKUP TOGO Alcohol and Marijuana

This online intervention model is structured to provide students with a brief screening and motivational interviewing session to provide behavioral change for students with moderate to heavy drinking and marijuana use.

Alcohol, Drugs and You

This presentation offers a compressed educational session to cover how alcohol and drugs reacts to the body when consumed, recognizing the signs of alcohol poisoning, and resources on-campus. Audience members will also be educated on the updated research of persistent marijuana use effects on the body. This is a perfect program idea for existing meetings where you'd like to include a brief alcohol and other drug education session.

Step UP! Bystander Intervention

Step Up! is an active bystander intervention program that has been implemented across campus. While many times "doing the right thing" happens naturally, sometimes we don't think we have it in us.

Step Up! spells out the mental processes at work so that we can be aware of how to better handle situations, such as alcohol poisoning and sexual violence.

PREVENTION PROGRAMMING TO AT-RISK POPULATIONS

Certain student groups have traditionally been at higher risk for alcohol abuse and the use of illegal drugs. While traditional group targeting is appropriate for the scope of this recommendation, utilizing assessment data to identify at-risk populations will be an ongoing initiative.

First-Year Students

First-year students have traditionally been an at-risk population due to the normalizing propensity toward increased alcohol and other drug experimentation and habitual use. Reaching first year students with direct engagement opportunities is available by partnering with Orientation, the Office of Student Engagement & Leadership, and Residence Life & Housing. The Health Education and Promotion program is doing more direct programming in the residence halls by hosting monthly alcohol and other drug prevention events and intentional tabletops.

Greek Life Students

Students participating in Greek Life organizations often are perceived as a higher-risk population as a result of the inaccurate portrayals of Greek Life in the media. However, low-to-medium involvement Greek Life students have higher risks of alcohol or other drug use.

Providing risk management programs for Greek Life organizations helps to educate and also fulfill responsibilities from the national governing body of the organizations. One such program is the training for Step Up! Bystander Intervention program that teaches students how to be more aware of their surrounding and learn different techniques to intervene in situations, such as witnessing heavy alcohol consumption, alcohol poisoning, preventing sexual assault incidents.

Finally, Health Education and Promotion, Student Conduct & Community Standards, and the Office of Student Engagement and Leadership (SEAL) provide a hazing prevention education training for Greek Life students and other student organizations. Further information about fraternity and sorority life can be found at: <https://www.csupueblo.edu/student-engagement-and-leadership/fraternity-and-sorority-life/index.html>

Student Athletes

The National Collegiate Athletic Association (NCAA) has recognized that student-athletes are at-risk of alcohol and other drug use (though performance enhancing substance use is

typically lower for student-athletes than the general college population). The NCAA requires that an annual student-athlete drug and alcohol prevention program is offered through the life-skills program.

Health Education and Promotion and the University Health Services team have established a working relationship with CSU Pueblo athletic department to enable education to each individual sport regarding alcohol and other drug.

Minority Populations

Certain student demographic groups are at a higher proportional risk of alcohol and other drug abuse than their peers. In addition to ensuring that all program offerings are culturally sensitive to diverse groups, it is important to identify which groups may need additional intervention services. Lesbian, gay, bisexual, and transgender students, for example, have higher alcohol, tobacco, and amphetamine use than non-- LGBTQIA+ identifying peers. In addition, CSU Pueblo is a Hispanic Serving Institution (HSI), therefore, special attention so to the Hispanic, Latino/a, and Chicano/a cultural needs will be incorporated into population-specific research and program design.

SURVEY DATA & INFORMATION

American College Health Assessment (ACHA) -National College Health Assessment (NCHA)

The ACHA-National College Health Assessment (ACHA-NCHA) is a national research survey. It is organized by the American College Health Association (ACHA) to aid college health service providers, health educators, counselors, and administrators in collecting data about their students' habits and behaviors on the most prevalent health topics. Currently, the ACHA-NCHA provides the largest known comprehensive data set on the health of college students, by doing so, provides substantial range of information on overall student health (ACHA 2023, https://www.acha.org/NCHA/NCHA_Home).

The purpose of this research was to collect data on current student perceptions regarding alcohol or marijuana use and impaired driving, as well as actual behavior regarding substance use and impaired driving. The goal of this survey was to continue to collect data to help develop a baseline to measure prevention programming effectiveness. A portion of this data was collected from CSU Pueblo's Senior Exercise Health Promotion students.

Cis Men n =	62
Cis Women n =	165
Trans/GNC n =	16

F. Tobacco, Alcohol, and Other Drug Use

Percent (%)	Ever Used				*Used in the last 3 months			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	41.9	41.2	56.3	42.0	29.0	30.3	25.0	29.4
Alcoholic beverages (beer, wine, liquor, etc.)	59.7	72.1	62.5	67.8	51.6	64.2	43.8	59.2
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]	40.3	49.4	50.0	46.7	24.2	30.9	31.3	29.0
Cocaine (coke, crack, etc.)	11.3	4.9	6.3	6.6	1.6	0.6	6.3	1.2
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]	9.8	5.5	6.3	6.6	4.8	1.8	6.3	2.9
Methamphetamine (speed, crystal meth, ice, etc.)	1.6	1.8	12.5	2.5	0.0	0.0	6.3	0.4
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)	8.1	2.4	12.5	4.5	0.0	0.0	12.5	0.8
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]	11.3	6.7	12.5	8.2	0.0	3.6	12.5	3.3
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)	16.1	13.9	18.8	14.7	8.1	3.0	12.5	4.9
Heroin	1.6	1.2	6.3	1.6	0.0	0.0	6.3	0.4
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]	9.7	7.9	18.8	9.0	1.6	0.6	12.5	1.6

*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

Substance Specific Involvement Scores (SSIS) from the ASSIST

Percent (%)	*Moderate risk use of the substance				*High risk use of the substance			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Tobacco or nicotine delivery products	22.6	23.6	25.0	23.3	1.6	1.2	0.0	1.2
Alcoholic beverages	6.5	14.5	6.3	11.8	0.0	1.2	0.0	0.8
Cannabis (nonmedical use)	16.1	21.8	25.0	20.4	1.6	1.8	0.0	1.6
Cocaine	4.8	1.2	6.3	2.4	0.0	0.0	0.0	0.0
Prescription stimulants (nonmedical use)	1.6	1.2	6.3	1.6	0.0	0.0	0.0	0.0
Methamphetamine	1.6	0.6	6.3	1.2	0.0	0.0	0.0	0.0
Inhalants	1.6	0.0	12.5	1.2	0.0	0.0	0.0	0.0
Sedatives or Sleeping Pills (nonmedical use)	1.6	1.2	6.3	1.6	0.0	0.0	6.3	0.4
Hallucinogens	3.2	2.4	12.5	3.3	0.0	0.0	0.0	0.0
Heroin	1.6	0.6	6.3	1.2	0.0	0.0	0.0	0.0
Prescription opioids (nonmedical use)	1.6	1.2	12.5	2.0	0.0	0.0	0.0	0.0

*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

Cis Men n =	62
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Trans/GNC n =	16

***Proportion of students who were prescribed a medication and used more than prescribed or more often than prescribed in the past 3 months**

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Prescription stimulants	3.2	0.6	0.0	1.2
Prescription sedatives or sleeping pills	0.0	1.8	6.3	1.6
Prescription opioids	1.6	0.0	6.3	0.8

*These figures use all students in the sample as the denominator, rather than just those students who reported having a prescription. Note that the title of this table was changed in Fall 2022, but the figures remain the same.

***Tobacco or nicotine delivery products used in the last 3 months**

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Cigarettes	8.1	7.3	12.5	7.8
E-cigarettes or other vape products (for example: Juul, etc.)	22.6	21.8	18.8	21.6
Water pipe or hookah	3.2	1.8	6.3	2.4
Chewing or smokeless tobacco	8.1	0.6	12.5	3.3
Cigars or little cigars	6.5	1.2	12.5	3.3
Other	1.6	0.6	0.0	0.8

*These figures use all students in the sample as the denominator, rather than just those students who reported tobacco or nicotine delivery product use in the last 3 months.

Students in Recovery

■ 8.4 % of college students surveyed (10.4 % cis men, 7.0 % cis women, and 15.4 % transgender/gender non-conforming) indicated they were in recovery from alcohol or other drug use.

When, if ever, was the last time you:

Percent (%)	Drank Alcohol				*Used Cannabis/Marijuana			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Never	22.6	21.8	18.8	22.4	53.2	41.2	31.3	44.1
Within the last 2 weeks	29.0	41.2	31.3	37.1	17.7	18.2	25.0	18.4
More than 2 weeks ago but within the last 30 days	14.5	11.5	18.8	12.7	3.2	3.0	6.3	3.3
More than 30 days ago but within the last 3 months	11.3	11.5	0.0	10.6	4.8	4.2	0.0	4.1
More than 3 months ago but within the last 12 months	12.9	7.9	12.5	9.4	8.1	15.8	12.5	13.5
More than 12 months ago	9.7	6.1	18.8	7.8	12.9	17.6	25.0	16.7

*Students were instructed to include medical and non-medical use of cannabis.

Driving under the influence

■ 12.5 % of college students reported driving after having any alcohol in the last 30 days.*

*Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.

■ 42.6 % of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days.*

*Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.

Estimated Blood Alcohol Concentration (or eBAC) of college students. Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. Only students who reported drinking alcohol within the last 3 months answered these questions.

Estimated BAC	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
< .08		97.1	85.6	87.5	88.4
< .10		97.1	88.5	87.5	90.4
Mean		0.03	0.03	0.03	0.03
Median		0.01	0.02	0.00	0.01
Std Dev		0.04	0.05	0.07	0.05

Cis Men n =	62
Cis Women n =	165
Trans/GNC n =	16

*Reported number of drinks consumed the last time students drank alcohol in a social setting.

Number of drinks	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
4 or fewer		67.6	85.7	75.0	81.0
5		14.7	5.7	0.0	7.5
6		2.9	3.8	12.5	4.1
7 or more		14.7	4.8	12.5	7.5
Mean		3.7	2.7	3.9	3.0
Median		3.0	2.0	2.0	2.0
Std Dev		2.6	1.9	3.6	2.2

*Only students who reported drinking alcohol in the last three months were asked this question.

Reported number of times college students consumed five or more drinks in a sitting within the last two weeks:

	Among all students surveyed				
	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Did not drink alcohol in the last two weeks (includes non-drinkers)		71.0	58.8	68.8	62.9
None		19.4	24.2	25.0	22.9
1-2 times		8.1	10.9	6.3	9.8
3-5 times		1.6	5.5	0.0	4.1
6 or more times		0.0	0.6	0.0	0.4

*Only students who reported drinking alcohol in the last two weeks were asked this question.

*Among those who reported drinking alcohol within the last two weeks

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
66.7	58.8	80.0	61.5
27.8	26.5	20.0	26.4
5.6	13.2	0.0	11.0
0.0	1.5	0.0	1.1

*College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Did something I later regretted		15.0	19.3	10.0	17.8
Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)		4.9	9.2	0.0	7.6
Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)		14.6	22.7	20.0	20.6
Got in trouble with the police		2.4	0.0	0.0	0.6
Got in trouble with college/university authorities		0.0	0.0	0.0	0.0
Someone had sex with me without my consent		0.0	1.7	0.0	1.2
Had sex with someone without their consent		0.0	0.0	10.0	0.6
Had unprotected sex		14.6	18.5	20.0	17.6
Physically injured myself		2.4	6.7	10.0	5.9
Physically injured another person		2.4	0.0	10.0	1.2
Seriously considered suicide		7.3	5.0	0.0	5.3
Needed medical help		0.0	0.0	10.0	0.6
Reported two or more of the above		21.4	24.0	20.0	23.1

*Only students who reported drinking alcohol in the last 12 months were asked these questions.

POLICES AND PROCEDURES

Student Code of Conduct

The Associate Director of Student Conduct and Community Standards is responsible for promoting observance of the Student Code of Conduct, enforcing student standards, and administering sanctions for violations of the Code. If it is determined that a student has violated a University regulation, a sanction may be imposed. Decisions made by the Associate Director of Student Conduct and Community Standards may be appealed to an Appeal Committee.

The Student Code of Conduct contains details of the conduct meetings or hearing process and provides detailed explanations and descriptions of institutional disciplinary philosophy, rules, and regulations.

Proceedings under the Student Code of Conduct may be carried out prior to, simultaneously with, or following off- campus civil or criminal proceedings at the discretion of the Associate Director of Student Conduct and Community Standards. Determinations made or sanctions imposed shall not be subject to change because criminal or civil charges arising out of the same facts giving rise to violations of University policy were dismissed, reduced, or resolved in favor of or against the criminal or civil law defendant.

For full access to the Student Code of Conduct, please visit:

<https://www.csupueblo.edu/student-conduct/ doc/student-code-of-conduct.pdf>

AOD Sanction Table

Alcohol & Other Drug Sanction Guideline Table

*These guidelines are to be used in charging students for the below listed violations. CSU-Pueblo reserves the right to alter these guidelines as needed.

		Fine and Restitution	Service/ Activity	Coach/Employer Referral	Parental Notification	Educational Sanction	AOD Assessment	Probation With or Without Restriction	Residence Hall Status	University Status
<ul style="list-style-type: none"> Any alcohol specific violation in accordance with the AOD policy 	Any First Offense	\$50 and restitution if any	10 hrs	✓		✓	E-CheckUp +\$20 fee	1 year from the date charged		
	Any Second Offense	\$100 and restitution if any	20 hrs	✓	✓	✓	Choices	Until Graduation	Removal possible	
	Any Third Offense	\$200 and restitution if any	40 hrs	✓	✓	✓	AOD AX	Probation Restriction/ Activities Prohibited	Removal	Suspension Possible (Deferred)
<ul style="list-style-type: none"> Any marijuana specific violation in accordance with the AOD policy Smoking in a campus building Smoking on any campus grounds whether the property is owned or leased 	Any First Offense	\$50 and restitution if any	10 hrs	✓		✓	E-CheckUp +\$20 fee	1 year from date charged		
	Any Second Offense	\$100 and restitution if any	20 hrs	✓	✓	✓	Choices	Until Graduation	Removal possible	
	Any Third Offense	\$200 and restitution if any	40 hrs	✓	✓	✓	AOD AX	Probation Restriction/ Activities Prohibited	Removal	Suspension Possible (Deferred)
<ul style="list-style-type: none"> Any Alcohol AND Marijuana violation in accordance with the AOD policy Any of the above alcohol and/or marijuana violations with associated legal charges (DUI, DWAI, MIP) 	Any First Offense	\$100 and restitution if any	20 hrs	✓	✓	✓	Choices	1 year from the date charged	Removal possible	
	Any Second Offense	\$200 and restitution if any	40 hrs	✓	✓	✓	AOD AX	Probation Restriction Until Graduation/ Activities Prohibited	Removal	Suspension possible (Deferred)
	Any Third Offense	\$400 and restitution if any		✓	✓	✓				Suspension or Expulsion
<ul style="list-style-type: none"> Possession or use of illegal substances (not marijuana) Sale or distribution of illegal substances (including marijuana) Improper use of Prescription drugs 	Any First Offense	\$200 and restitution if any	40 hrs	✓	✓	✓	AOD AX	Probation Restriction Until Graduation/ Activities Prohibited	Removal	Suspension Possible (Deferred)
	Any Second Offense	\$400 and restitution if any		✓	✓	✓				Suspension or Expulsion

Current AOD Policy

CSU Pueblo is committed to fostering and sustaining an environment that furthers academic and student development. The health and safety of our students is paramount. The University recognizes the dangers and effects that alcohol and other drugs have on the success of students and will not tolerate the excessive, inappropriate, and/or illegal use of alcohol or drugs.

The University complies with all local, state, and federal laws concerning alcohol and drugs. CSU Pueblo students are responsible for acquainting themselves with these laws and the University's policies regarding alcohol and other drugs.

CSU Pueblo students, student organizations, Greek organizations, athletic and club sports teams, and their visitors must comply with all local, state, and federal laws concerning alcohol and other drugs. CSU Pueblo will not tolerate the excessive, inappropriate, or illegal use or abuse of alcohol or other drugs. In 2023, the alcohol and drug policy was reviewed and re-written to separate student policies from University employees.

For full access to the Alcohol and Other Drug Policy, please visit: <http://csu-pueblo-policies.colostate.edu/policy.aspx?id=121>

POLICY PURPOSE

Colorado State University Pueblo is committed to providing an academic and social environment that supports excellence in academic and related pursuits and promotes individual responsibility, health and safety, and community welfare. Substance misuse and abuse can lead to serious health problems for individuals and harm to the community. To decrease risk factors and protect the community, CSU Pueblo provides comprehensive Alcohol and Other Drug (AOD) education, programs, and outreach for its students, staff, faculty, and community partners. The purpose of this policy is to establish safe practices and protect the University, its students and others from the adverse effects of Alcohol and Other Drug misuse.

POLICY APPLIES TO (Persons affected by):

This policy applies to all students at the University. This policy applies in addition to the [Student Code of Conduct](#) and [Residence Life & Housing Handbook](#).

EXEMPTIONS:

This policy does not apply to *bona fide*, approved research projects utilizing Alcohol or Cannabis or its derivatives, or any other Controlled Substance in compliance with all applicable federal and state laws and regulations and university policies.

DEFINITIONS:

Alcohol or Alcoholic Beverage: Any substance which contains ethyl alcohol that is designed for the purpose of human consumption.

AOD: Acronym for Alcohol and Other Drugs.

Binge Drinking: A pattern of consuming Alcohol with an intention of becoming intoxicated by heavy consumption over a short period of time, or playing drinking games (such as beer pong, chugging contests, using a funnel or other device for enhanced consumption, etc.).

Campus: All property, buildings and facilities of Colorado State University Pueblo, whether owned, leased or otherwise under the control of the University.

Cannabis or Marijuana: A plant used to produce hemp fiber and as a psychoactive drug, its parts and its derivatives containing tetrahydrocannabinol (THC).

Controlled Substance: As defined in Schedules I through V of Section 202 of the Controlled Substances Act, 21 U.S.C. 812, 21 CFR 1308.11-1308.15, or in Colorado Revised Statutes (C.R.S.) §18-18-102(5). These include substances that have a high potential for misuse or which, if abused, may lead to psychological or physical dependence. Among these are heroin, fentanyl and other opium derivatives, methamphetamines, marijuana, cocaine, and other mind-altering drugs.

Drug: A Controlled Substance, prescription drug, or other medication or substance, other than Alcohol, that has the potential to induce intoxication or other mind-altering effects.

Medical Amnesty: An exception or pardon from disciplinary sanctions when a student calls for medical help for themselves and/or others.

Paraphernalia: Equipment, products, and materials that have been used or are intended to be used to cultivate, manufacture, distribute, or consume illicit drugs (including medical and recreational Marijuana and its derivatives) or to engage in Binge Drinking.

Possession: An act where an individual has or holds any amount of Alcohol or other Drug(s) on their person or in a place under their control.

Tobacco Products: means all forms of tobacco and imitation tobacco products, including but not limited to cigarettes, cigars, pipes, water pipes (hookah), electronic/e-cigarettes, vape pens and smokeless or “spit” tobacco, and specific nicotine products.

POLICY STATEMENT:

CSU Pueblo will not tolerate the excessive, inappropriate, or illegal use or abuse of Alcohol or other Drugs on or off campus property. The University will not condone criminal activity on its property, or on property under its direct control, and will impose disciplinary sanctions up to and including expulsion of a student who violates CSU Pueblo’s AOD policies, consistent with federal, state and local laws. The University may also make referrals to law enforcement authorities for criminal prosecution. CSU Pueblo has the right to adjudicate off-campus cases that are judged to impact the University’s educational mission and/or the health and safety of members of the community.

The University expects that those who wish to include Alcohol as part of their activities will do so responsibly and lawfully. Responsible drinking includes making sound judgments about whether, when, and how much to drink, understanding the health issues related to the consumption of Alcohol, and avoiding excessive or Binge Drinking or any other abuse of Alcohol.

Persons planning events on Campus should be mindful of the complexities introduced into planning an event with Alcohol. Event management issues such as the provision of refreshments, management of the participants or audience, security, insurance concerns, liability of participants, [protection of minors](#), and other factors require serious attention for any event, especially when Alcohol is served. Event organizers must fully

understand the University's Alcohol and Other Drug policies and applicable laws and must manage their events accordingly. They also are expected to keep the safety and well-being of participants at the forefront of their planning and management of events. Faculty and staff members who advise students are expected to assist them in making responsible decisions about their events and to facilitate the enforcement of this policy.

Student organizations may not plan or hold events that promote or encourage the over-consumption of Alcohol or the use of Drugs. Those planning events should remember that the vast majority of events at CSU Pueblo take place without Alcohol or Drugs; that most members of the undergraduate community are not of legal drinking age; and that among those who are, many do not drink Alcoholic Beverages at all. Campus organizations that choose to plan events with Alcoholic Beverages are expected to maintain a reasonable balance in their programming between events with and those without the serving of Alcoholic Beverages, and to include and welcome non-drinking participants at every event, without exception.

Marijuana and its derivatives are Controlled Substances, and, despite state law, they remain illegal under federal law. Their use and possession on Campus and at CSU Pueblo events can put the University at risk of non-compliance with strict laws and regulations that carry severe penalties and are strictly prohibited.

Drug-Free Schools and Communities Act (DFSCA)

The DFSCA requires CSU Pueblo to establish policies that address unlawful possession, use, or distribution of Alcohol and Drugs by students and employees. The DFSCA also requires the establishment of a drug and alcohol abuse prevention program. This policy and the CSU [Pueblo's Health Education & Prevention Program](#) address these needs for the student community, and the program is reviewed every other year, with a [biennial report](#) issued to the campus community.

Prohibitions on Possession, Consumption, and Impairment

The University prohibits:

1. Underage Possession or Consumption

The possession and/or consumption of Alcohol by persons under the age of 21 is prohibited. Possession and consumption of Alcohol by Residential Students, or by anyone in the Residence Halls and Apartments, is further regulated in the [Residence Life and Housing Handbook](#).

2. Providing Alcohol to Minors

No student, regardless of age, shall provide Alcohol to anyone under age 21.

3. Irresponsible Serving of Alcohol

When providing Alcohol to those of the legal age to drink, students must practice responsible serving procedures. Irresponsible serving procedures include, but are not limited to, providing Alcohol to intoxicated individuals, providing Alcohol to minors, allowing persons to drive who have been drinking, and creating environments conducive to Binge Drinking. Students may be held responsible for the behavior of their guests who violate this policy.

4. Binge Drinking

Participating in, encouraging or knowingly permitting Binge Drinking is prohibited.

5. Severe Intoxication

Being intoxicated by Alcohol to a level that requires, or appears to require, medical attention or supervision by others, or poses a danger to the health or safety of oneself or others, is prohibited.

6. Use During Class

Use of Alcohol or Drugs, or tobacco, during any class, whether in-person in the classroom or while attending a class online or remotely.

7. Citations

Students receiving citations for Driving While Impaired (DWI) or Driving Under the Influence (DUI) may also be disciplined by the University.

8. Possession, Use, or Sale of Marijuana and Other Drugs

The unlawful manufacture, distribution, dispensation, possession, or use of Drugs (including medical and recreational Marijuana and its derivatives) on property owned or controlled by the University, or as any part of any University activity, is prohibited. The possession of a medical Marijuana permit does not allow for the possession, use or storage of Marijuana anywhere on university property, including in the residence halls and university apartments.

9. Paraphernalia

Possession, sale or use of Alcohol or Drug Paraphernalia on university property.

10. Promotion and Advertisement

Marijuana and other Drug industry promotions, advertising, marketing, and distribution are prohibited on Campus and with campus and educational activities.

11. Prescription Medication

The distribution, dispensation, or possession of prescription medication that has not been prescribed by the individual's licensed treating provider is prohibited. Individuals who have been prescribed medications (including scheduled Drugs) may only use those medications as prescribed by their treating provider. Any other use or unauthorized sale is prohibited. All prescription medication must remain in the original labeled packaging provided to the individual to whom it was prescribed.

Permissible Activities that May Include Alcoholic Beverages

CSU Pueblo permits the lawful use of Alcoholic Beverages at events and in connection with activities on CSU Pueblo property, when certain circumstances and conditions are present. These include:

- When the activity takes place in a licensed restaurant, bar or other premises, such as the football stadium, in the Da Brix at the Occhiato Student Center, or at a licensed off-Campus establishment.
- When the activity takes place in another location on Campus and is catered by a food service company contracted by the University, that holds the appropriate Alcoholic Beverage license, and prior approval from the responsible university department and the University President or President's delegate has been received.
- When service of Alcohol at the event is approved, in advance, by the Cabinet in accordance with the [Event Scheduling and Facilities Use Policy](#).

Medical Amnesty

CSU-Pueblo encourages all members of the community to call for help when any sign of Alcohol poisoning or Drug overdose is observed. Students who call for help to assist someone or themselves may be eligible for medical amnesty. Students who are provided medical amnesty shall not be subject to disciplinary sanctions; however, students may be required to attend an Alcohol and Drug educational program. Receipt of medical amnesty is at the discretion of the Office of Student Conduct and Community Standards. Examples of substance use crisis situations where medical amnesty may be claimed include:

- When a student calls for medical assistance for another student or themselves because of severe alcohol intoxication, overdose, or physical injury by calling 911 or the Pueblo County Sheriff's Department (719-549-2373).
- When a representative of an organization hosting an event calls for medical attention for an individual present at their event and works cooperatively with responders, the individual initiating the call, the organization, and the student needing medical assistance may be able to claim medical amnesty.

Failure to Respond to an Alcohol or Drug-Related Emergency

Students who fail to call for medical assistance in an alcohol or drug-related emergency may be subject to enhanced conduct sanctions and possible criminal prosecution. Whenever there are reasonable grounds to suspect that a student may be experiencing a substance use crisis, a report should be made to [Pack CARES](#) after calling emergency services.

Violations

Students who violate the University's policies concerning Alcohol and Drugs face sanctions in accordance with the Student Conduct Code and may be subject to criminal prosecution under federal and state laws for Alcohol and Drug-related criminal offenses.

It is also a violation of this policy to: (1) Retaliate against any person for reporting suspected impairment or taking any other action under this policy, even if such action ultimately proves to be unwarranted; or (2) Knowingly make a false report of impairment against another. Such violations will be taken seriously and may result in disciplinary action.

RELATED LAWS, POLICIES & PROCEDURES:

- AOD Sanction Guideline Table
- [Event Scheduling and Facilities Use Policy](#)
- [Pack Student Guide](#)
- [Residence Life and Housing Handbook](#)
- [Smoking and Tobacco Policy](#)
- [Student Code of Conduct](#)
- [Title IX, Sexual Harassment and Gender Discrimination Policy](#)
- Drug Free Workplace Act of 1988 (41 U.S.C. §701, et seq.) and the Federal Drug-Free schools and Communities Act Amendment of 1989 (20 U.S.C. §1011i; 34 C.F.R. §86.1, et seq.). [Information: US Department of Labor](#)

- Board of Governors of the CSU System: [Alcohol and Drug Policy](#)
- [Institute of Cannabis Research](#)
- [Colorado Clean Indoor Air Act, C.R.S. 25-14-201, 25-14-203\(7\), 25-14-204 \(1\)\(j\), \(bb\), \(cc\), effective July 1, 2006](#)
- [Executive Order D 0036 90, effective January 1, 1991](#)
- [Executive Order B 2018 011, effective November 2, 2018](#)
- [Marijuana Colorado State Regulations](#)

REFERENCES:

[AOD Sanction Guideline Table 2019](#)

APPROVED:

Marie Humphrey, Vice President for Student Affairs/Dean of Students, 12/12/2023

Current Tobacco Policy

For full access to the Tobacco Policy, please visit: <http://csu-pueblo-policies.colostate.edu/policy.aspx?id=42>

PURPOSE OF THIS POLICY

Campus-wide smoking and tobacco regulations are intended to limit the potential adverse effects of smoking and other tobacco use.

APPLICATIONS OF THIS POLICY

This policy applies to all individuals while on or in University owned or leased property.

EXEMPTIONS FROM THIS POLICY

1. Tobacco or other smoking products used as the subject matter of a bona fide research project approved by the Provost or designee; and
2. Ceremonial use of tobacco in connection with the practice of cultural activities by American Indians, as provided by the American Indian Religious Freedom Act, 42 U.S.C sections 1996 and 1996a, allowing for the use of ceremonial tobacco. All ceremonial use events must be scheduled in advance with Environmental Health Services.

DEFINITIONS USED IN THIS POLICY

"Smoking" means inhaling, burning, or carrying any lighted or heated cigar, cigarette, pipe, e-cigarette, vaping product, water pipe, or device used to inhale tobacco and other substances, including but not limited to cloves, herbs, synthetic substances and marijuana substances. This does not include the inhalation of prescribed medications. Marijuana, even if medically prescribed, is not considered a prescribed medication for purposes of this policy and is strictly prohibited.

"Tobacco Products" means all forms of tobacco and imitation tobacco products, including but not limited to cigarettes, cigars, pipes, water pipes (hookah), electronic/e-cigarettes, and smokeless or "spit" tobacco, and specific nicotine products.

POLICY STATEMENT

Tobacco use and smoking is prohibited in all campus buildings and on all campus grounds whether the property is owned or leased by CSU-Pueblo, and in all campus-owned vehicles. Tobacco use is also prohibited at all institution-sponsored off-campus functions.

Tobacco Product sales are prohibited on any campus-owned or campus-leased grounds/facilities.

Tobacco industry promotions, advertising, marketing, and distribution are prohibited on any campus-owned or campus-leased grounds/facilities.

REFERENCES

Colorado Clean Indoor Air Act, C.R.S. 25-14-201, 25-14-203(7), 25-14-204 (1)(j), (bb), (cc), effective July 1, 2006

Executive Order D 0036 90, effective January 1, 1991

Executive Order B 2018 011, effective November 2, 2018.

Approvals

Approved by Lesley Di Mare, President September 23, 2013.

Revision approved by Karl Spiecker, Vice President of Finance and Administration, December 19, 2018.

FACULTY AND STAFF RELATED POLICIES

Drug-Free Workplace Policy

All employees must adhere to the Drug Free Workplace Policy to ensure a safe working environment, it is the policy of Colorado State University Pueblo that use of alcohol, other drugs, or controlled substances during work hours is prohibited. Likewise, it is the policy of Colorado State University Pueblo that illegal possession, manufacture, use, sale, or transfer of a controlled substance on state property or during work hours by its employees is prohibited. Violations of this policy will be cause for corrective or disciplinary actions up to and including termination. The updated alcohol policy for University employees is listed below.

For full access to the Drug Free Workplace Statement, please visit:

<https://www.csupueblo.edu/human-resources/policies-procedures/drug-free-workplace.html>

Alcohol and Other Drugs (Employee Policy):

<http://csu-pueblo-policies.colostate.edu/policy.aspx?id=194>

SUMMARY

With the implementation of the 2023 ACHA-NCHA survey, Colorado State University Pueblo has now established a baseline of valuable data to continue to build upon in the future. This data, in conjunction with national repository data, will create the standard to which future programming and wellness initiatives will be conceptualized and applied regarding education and prevention as related to alcohol and drugs.



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