

2019

# CSU - Pueblo Biennial Review



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## Office of the President

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In compliance with the Drug Free School and Communities Act (DFSCA), Colorado State University – Pueblo's Health Education and Promotion Department has compiled the following information as a generalized reflection of current alcohol and other drug milestones and policies. This document has been reviewed, approved, and meets required standards for web posting.



Signature



Date

Timothy Mottet

President of CSU-Pueblo



## Section 1

# Drug Free School and Communities Act (DFSCA)



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## Introduction to the DFSCA Biennial Review

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The Drug Free Schools and Communities Act (DFSCA) requires, as a condition of receiving any federal funding or other financial assistance, that an institution of higher education certify it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol for students and employees on school premises and as a part of its activities. Colorado State University-Pueblo (CSU-Pueblo) is in compliance with the Drug Free Schools and Communities Act (DFSCA) and continues to conduct a biennial review on the effectiveness of its alcohol and other drug programs and services.

CSU-Pueblo's Health Education and Promotion (HEP) Program provides comprehensive alcohol and other drug prevention initiatives, programs, and services that focus on policy, environmental management, education, evidenced -based intervention/prevention, research, and assessment to all campus community members.

The University complies with all local, state, and federal laws concerning alcohol and drugs. CSU-Pueblo students are responsible for acquainting themselves with these laws and the University's policies regarding alcohol and other drugs.

Below is a brief description of campus community responsibilities related to Alcohol and other Drugs:

- CSU-Pueblo does not condone an environment that promotes the use of underage drinking to include binge drinking.
- The use or possession of marijuana, even with a valid medical marijuana license, is prohibited.
- All University property is tobacco and vape free.
- All employees must follow the Drug Free Workplace Policy. Violation of this policy will result in disciplinary sanctions, which may include termination.

Further descriptions of these policies are available year-round to students, staff, and employees at:

- **Alcohol and Other Drug Policy** - <http://csu-pueblo-policies.colostate.edu/policy.aspx?id=121>
- **Smoking and Tobacco Policy** - <http://csu-pueblo-policies.colostate.edu/policy.aspx?id=42>
- **State of Colorado Executive Order- Tobacco Free State Buildings** - [https://www.colorado.gov/pacific/sites/default/files/atoms/files/Executive%20Order-B%202018%20011-Smoke%20Free\\_0.pdf](https://www.colorado.gov/pacific/sites/default/files/atoms/files/Executive%20Order-B%202018%20011-Smoke%20Free_0.pdf)
- **Drug Free Workplace Statement** - <https://www.csupueblo.edu/human-resources/policies-procedures/drug-free-workplace.html>
- **Student Code of Conduct** - [https://www.csupueblo.edu/student-affairs/\\_doc/student-code-of-conduct.pdf](https://www.csupueblo.edu/student-affairs/_doc/student-code-of-conduct.pdf)



## Section 2

# Mission, Goals, and Learning Outcomes



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## **Health Education & Promotion Mission**

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Provide healthy living and learning opportunities to sustain a wellness-focused environment, that further develops integrated health promotion services and success for Colorado State University-Pueblo students.

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## **Goals**

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1. To provide prevention and promotion education regarding alcohol and other drugs
2. To foster an inclusive health and wellness model for the campus community

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## **Learning Outcomes**

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1. Students will recognize how healthy choices lead to success and timely graduation as demonstrated by attendance to trainings, presentations and programs.
2. Students will show an understanding that a healthy lifestyle leads to a better overall emotional, physical and psychological personal wellness as demonstrated by pre and post surveys.



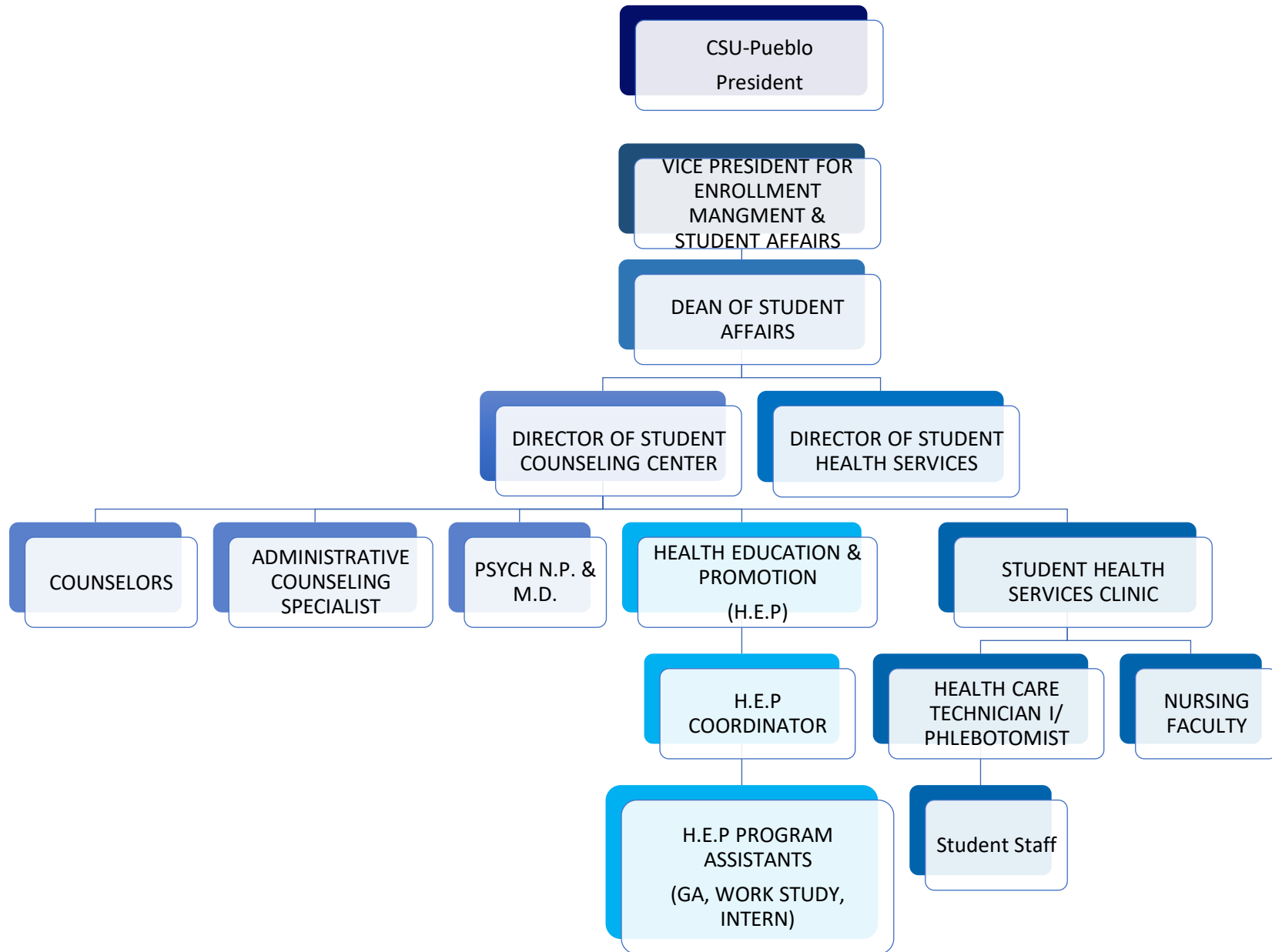
## Section 3

# Operations





## Organizational Flow Chart



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## Programs and Organizations

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### **Sober Spots**

Sober Spots provides a safe space and supportive spaces throughout campus for students in recovery or seeking recovery from addiction. Participation is completely voluntary and there is no barrier to entry. Students at any stage of recovery and at any point in their academic journeys are welcome.

### **Peer Educators**

CSU-Pueblo's peer educators are a diverse group of students who are trained as certified peer educators to provide educational programs and outreach on responsible student decision-making towards health, wellness, and safety topics including alcohol, drugs, sexual violence, sexually transmitted infections, and stress management. Peer Education provides a way for students to talk to other students about lifestyle choices with the goal of harm reduction. In other words, peer education allows students to make personal decisions while encouraging and helping them to make those decisions in safer and healthier ways.

### **Mindful Moments – Tobacco Free Living**

In an effort to promote a tobacco and vape free campus, HEP and Student Counseling have created a collaborative effort to establish a tobacco cessation workshop that incorporates Acudetox and Yoga. This program is offered weekly with flexible attendance and is free for all Students, Staff, and Faculty.

### **Party SMART**

Party SMART is a social norming campaign aimed at promoting the positive choices CSU-Pueblo students make regarding alcohol and other drugs. Funded by the Coalition of Alcohol and Drug Educators (CADE), the campaign shares the realities of these topics within the campus culture, and seeks to increase good decisions that make students, their friends, and their community safer. When it comes to responsible choices regarding alcohol and other drugs...CSU-Pueblo Students Party SMART.

### **Annual Events and Programs**

Red Ribbon Week, Ntl. Alcohol and Drugs Fact Week, Spring Break Survival Week, Late Nite Eggstravaganza, and much more.



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## Educational Sanction Tools

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### **CHOICES**

HEP provides monthly CHOICES educational intervention for students interested in making behavioral change with low to moderate alcohol use. This brief alcohol abuse prevention program can have a significant impact on students' health and well-being- CHOICES can help students appreciate the risks associated with alcohol use and equip them with effective strategies for reducing the risk and harm associated with drinking in the college environment.

### **eCHECKUP TOGO Alcohol and Marijuana**

This online intervention model is structured to provide students with a brief screening and motivational interviewing session to provide behavioral change for students with moderate to heavy drinking and marijuana use.

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## Trainings and Presentations

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### **Alcohol, Drugs and You**

This presentation offers a compressed educational session to cover how alcohol and drugs reacts to the body when consumed, recognizing the signs of alcohol poisoning, and resources on-campus. Audience members will also be educated on the updated research of persistent marijuana use effects on the body. This is a perfect program idea for existing meetings where you'd like to include a brief alcohol and other drug education session.

### **StepUP! Bystander Intervention**

Step Up! is an active bystander intervention program that is being implementing across campus. While many times "doing the right thing" happens naturally, sometimes we don't think we have it in us. Step Up! spells out the mental processes at work so that we can be aware of how to better handle situations, such as alcohol poisoning and sexual violence.

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## Grants

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### **CADE- Colorado Coalition of Campus Alcohol and Drug Educators**

As of July 2016 HEP was awarded the opportunity to be participants in the 2016-2018 CADE cohort. With this award CSU-Pueblo will be granted \$2,500 annually to support the implementation of an educational dissemination/programming project.

### **CSPH- Colorado School of Public Health**

CSU-Pueblo was awarded an opportunity to work with CSPH in order to implement a multilevel skin cancer prevention program for the campus community. The specific population that is involved is the student-athletes, nursing majors and residence life and housing. CSPH has a further opportunity to apply for a \$5,000 mini grant that will allocate funds to provide shade structures around campus.

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## Targeted Prevention Programming to At-Risk Populations

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Certain student groups have traditionally been at higher risk for alcohol abuse and the use of illegal drugs. While traditional group targeting is appropriate for the scope of this recommendation, utilizing assessment data to identify at-risk populations will be an ongoing initiative.

### **First-Year Students**

First-year students have traditionally been an at-risk population due to the normalizing propensity toward increased alcohol and other drug experimentation and habitual use. Reaching first year students with direct engagement opportunities is available by partnering with Orientation, the Office of Student Activities, and Residence Life and Housing. The Health Education and Promotion program is doing more direct programming in the residence halls, hosting monthly alcohol and other drug prevention events and intentional tabletops.

### **Greek Life Students**

Students participating in Greek Life organizations often are perceived as a higher-risk population as a result of the inaccurate portrayals of Greek Life in the media. However, low-to-medium involvement Greek Life students have higher risks of alcohol or other drug use.

Providing risk management programs for Greek Life organizations helps to provide education and also fulfill responsibilities from the national governing body of the organizations. One such program is the Training for Step Up! Bystander Intervention program that teaches students how to be more aware of their surrounding and learn different techniques to intervene in situations, such as witnessing heavy alcohol consumption, alcohol poisoning, preventing sexual assault incidents.

Finally, Health Education and Promotion, Student Conduct & Case Management, and the Office of Student Engagement and Leadership (SEAL) provide a hazing prevention education program for Greek Life students and other student organizations.

### **Student Athletes**

The National Collegiate Athletic Association (NCAA) has recognized that student-athletes are at-risk of alcohol and other drug use (though performance enhancing substance use is typically lower for student-athletes than the general college population). The NCAA requires that an annual student-athlete drug and alcohol prevention program is offered through the life-skills program.

Create a working relationship with CSU-Pueblo athletic department to enable education to each individual sport regarding alcohol and other drug.



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## Targeted Prevention Programming to At-Risk Populations Con't

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### Minority Populations

Certain student demographic groups are at a higher proportional risk of alcohol and other drug abuse than their peers. In addition to ensuring that all program offerings are culturally sensitive to diverse groups, it is important to identify which groups may need additional intervention services. Lesbian, gay, bisexual, and transgender students, for example, have higher alcohol, tobacco, and amphetamine use than non-- LGBTQIA+ identifying peers. In addition, CSU-Pueblo is a Hispanic Serving Institution (HSI), therefore, special attention so to the Hispanic, Latino/a, and Chicano/a cultural needs will be incorporated into population-specific research and program design.

## Section 4

# Student Survey Data





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## Executive Survey Summary

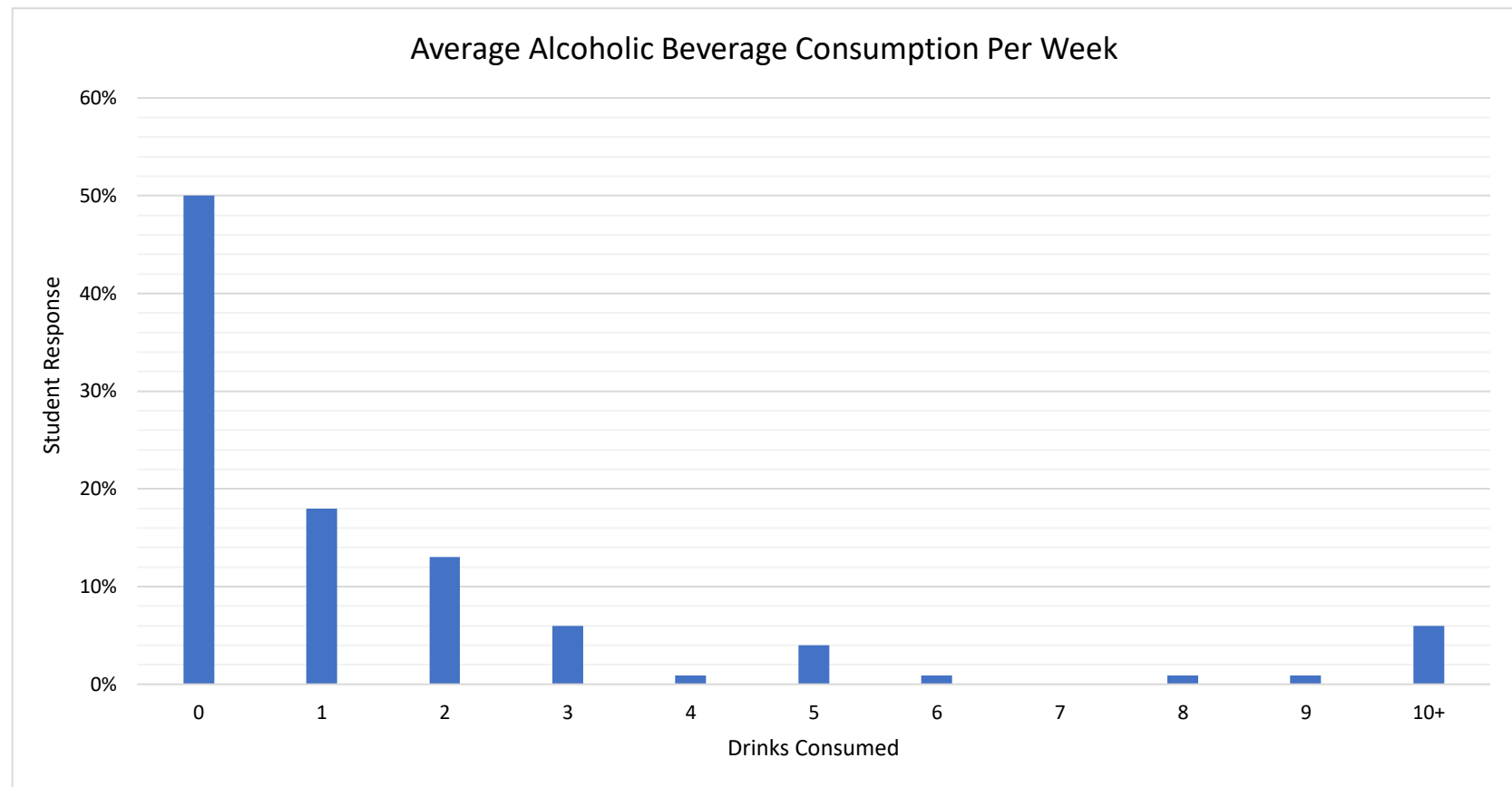
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The purpose of this research was to collect data on current student perceptions regarding alcohol, marijuana use and impaired driving. As well as actual behavior regarding substance use and impaired driving. The goal of this survey was to continue to collect data to help develop a baseline to measure prevention programming effectiveness.

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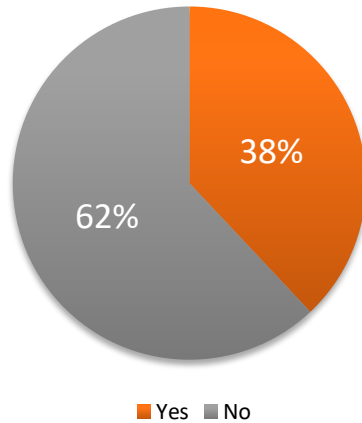
### General CSU-Pueblo Alcohol Usage

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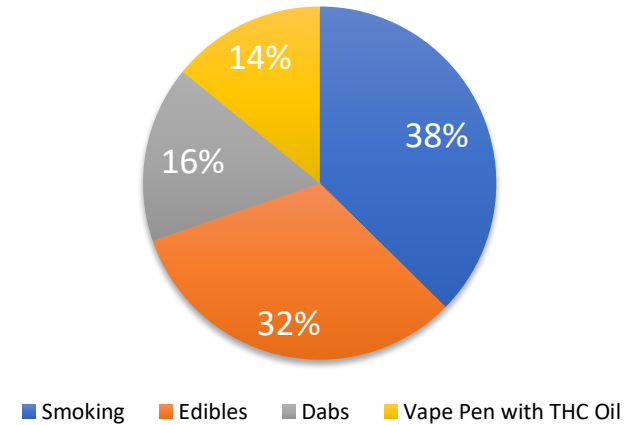


## General CSU-Pueblo Cannabis Usage

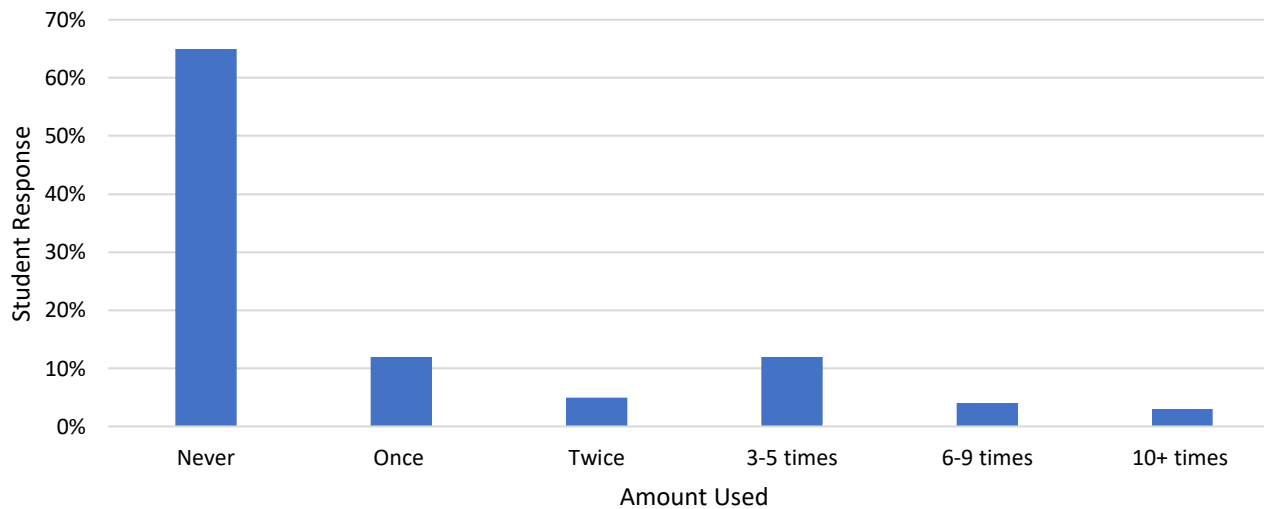
Cannabis Usage Amongst CSU-Pueblo Students



Of Those That Consume Cannabis, Do So By The Following



Average Cannabis Usage Per Week



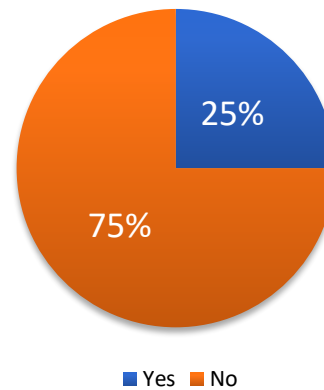


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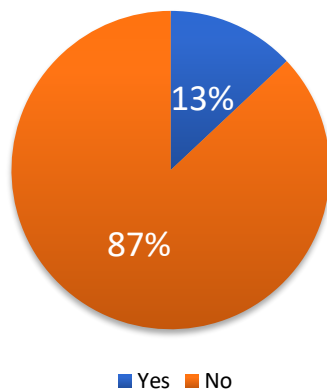
## General AOD Driving Data

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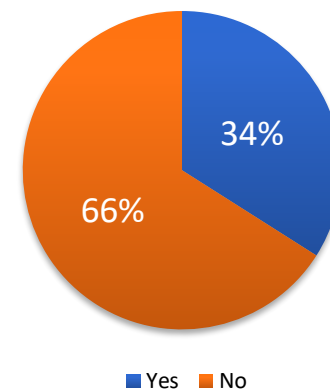
Have you ever driven a vehicle while feeling the effects of marijuana?



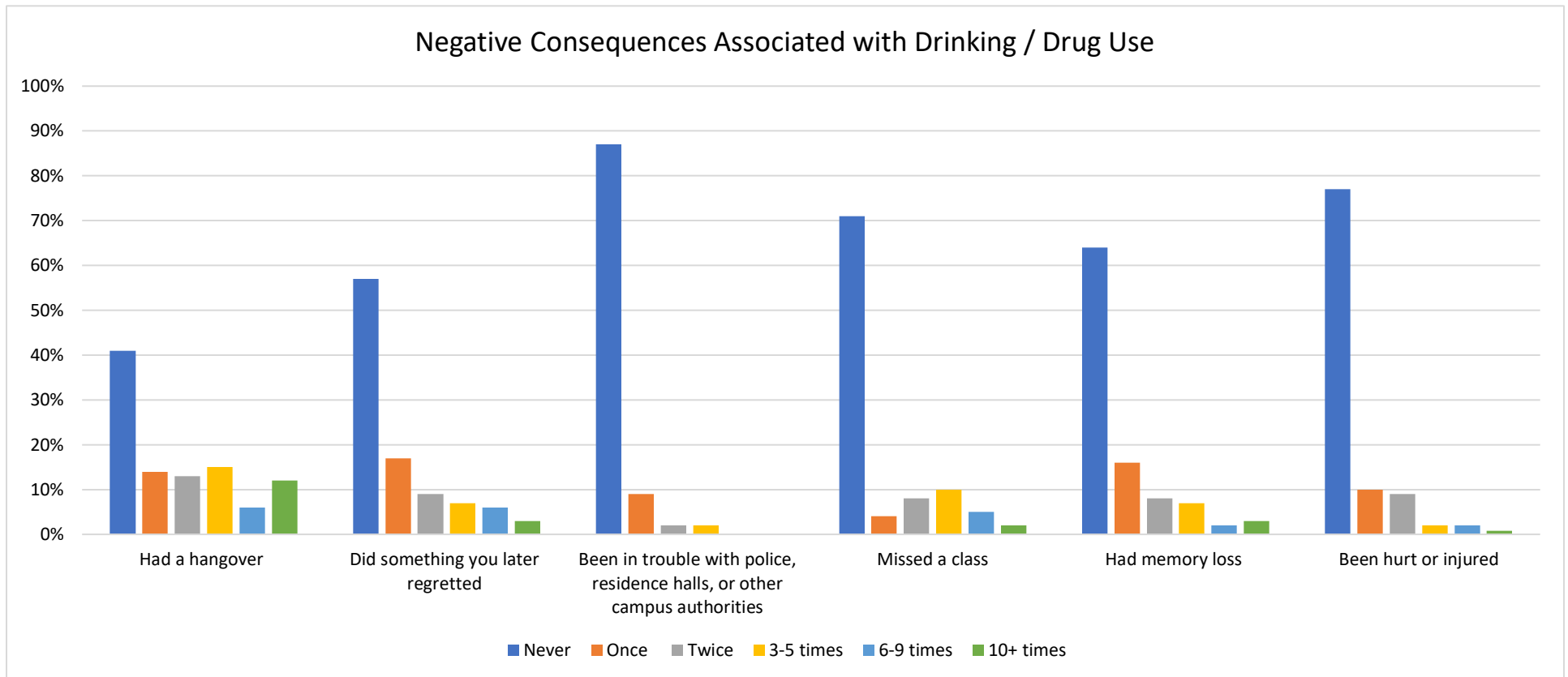
Have you ever driven a vehicle after you've had too much to drink?



Have you ever gotten in a vehicle with a driver that has had too much to drink?



## Consequences Associated With Drinking or Drug Use



### What are the consequences of driving while under the influence of marijuana compared to drinking and driving?

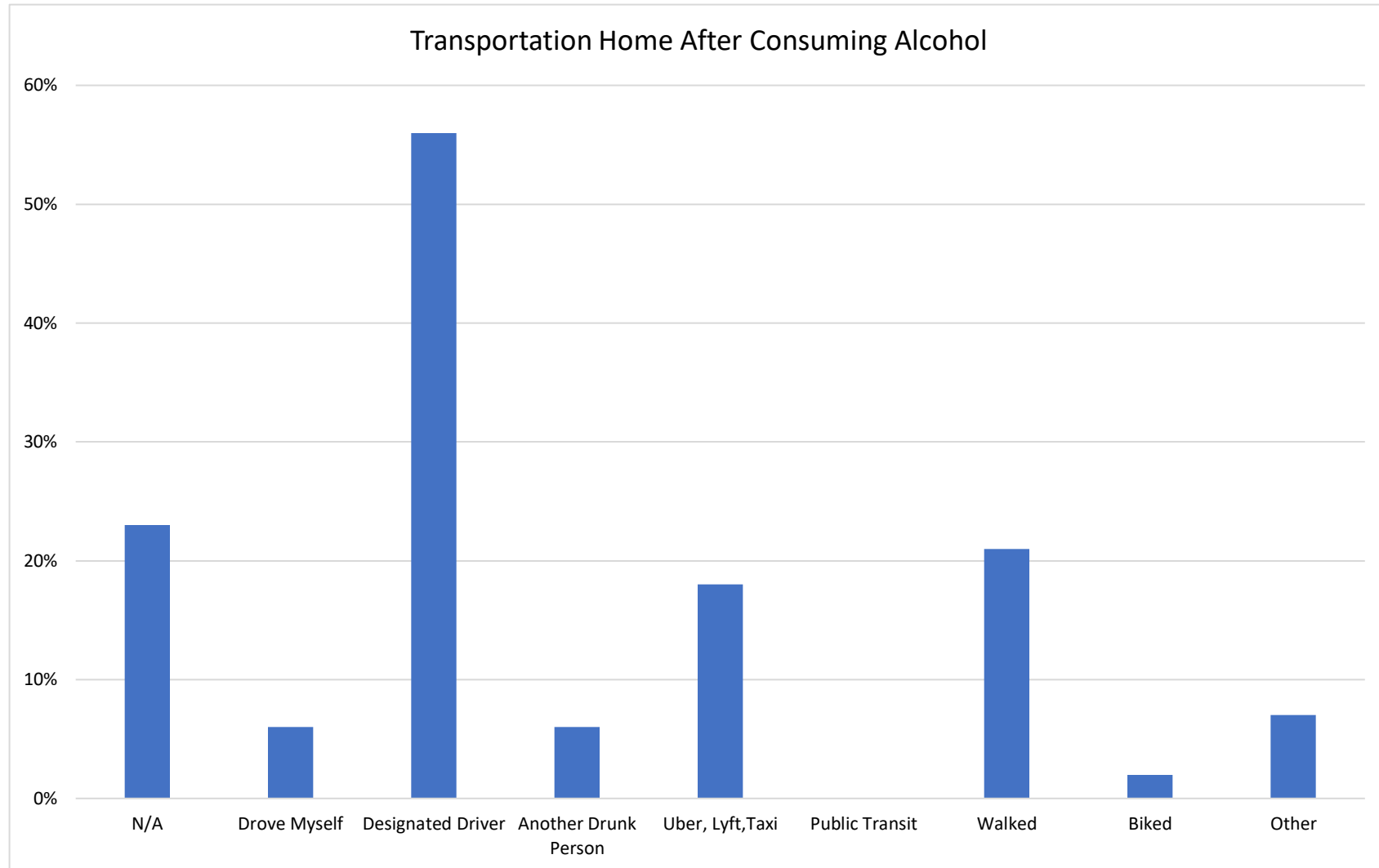
	> Alc	Equal	< Alc
Total cost associated with getting caught	15%	65%	20%
Legal penalties	10%	70%	20%
Chance of severe injury or death	8%	50%	42%
Chance of minor injury	9%	62%	29%



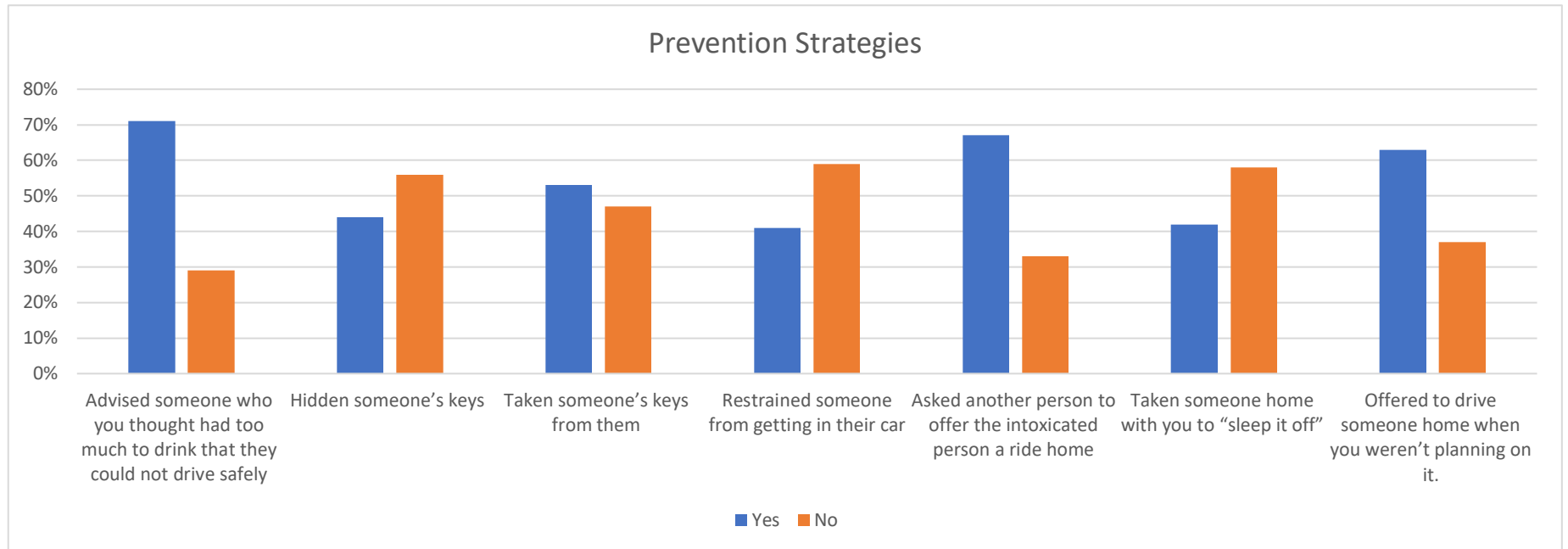
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## Intoxicated Driving Prevention Strategies

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## Intoxicated Driving Prevention Strategies Con't



During the past 12 months, have you done any of the following to prevent a person who was drinking from driving?		
	Yes	No
Advised someone who you thought had too much to drink that they could not drive safely	71%	29%
Hidden someone's keys	44%	56%
Taken someone's keys from them	53%	47%
Restrained someone from getting in their car	41%	59%
Asked another person to offer the intoxicated person a ride home	67%	33%
Taken someone home with you to "sleep it off"	42%	58%
Offered to drive someone home when you weren't planning on it.	63%	37%

## Section 5

# Policies & Procedures



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## Student Related

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### Student Code of Conduct

The Director of Student Conduct and Case Management is responsible for promoting observance of the Student Code of Conduct, enforcing student standards, and administering sanctions for violations of the Code. If it is determined that a student has violated a University regulation, a sanction may be imposed. Decisions made by the Director of Student Conduct and Case Management may be appealed to the Dean of Student Affairs.

The Student Code of Conduct contains details of the hearing process and provides detailed explanations and descriptions of institutional disciplinary philosophy, rules and regulations.

Proceedings under the Student Code of Conduct may be carried out prior to, simultaneously with, or following off-campus civil or criminal proceedings at the discretion of the Director of Student Conduct and Case Management. Determinations made or sanctions imposed shall not be subject to change because criminal or civil charges arising out of the same facts giving rise to violations of University policy were dismissed, reduced, or resolved in favor of or against the criminal or civil law defendant.

For full access to the Student Code of Conduct Please Visit –

[https://www.csupueblo.edu/student-affairs/\\_doc/student-code-of-conduct.pdf](https://www.csupueblo.edu/student-affairs/_doc/student-code-of-conduct.pdf)



## AOD Sanction Table

**Alcohol & Other Drug Sanction Guideline Table**

\*These guidelines are to be used in charging students for the below listed violations. CSU-Pueblo reserves the right to alter these guidelines as needed.

		<b>Fine and Restitution</b>	<b>Service/Activity</b>	<b>Coach/Employer Referral</b>	<b>Parental Notification</b>	<b>Educational Sanction</b>	<b>AOD Assessment</b>	<b>Probation With or Without Restriction</b>	<b>Residence Hall Status</b>	<b>University Status</b>
<ul style="list-style-type: none"> <li>Any alcohol specific violation in accordance with the AOD policy</li> </ul>	<b>Any First Offense</b>	\$50 and restitution if any	10 hrs	✓		✓	E-CheckUp +\$20 fee	1 year from the date charged		
	<b>Any Second Offense</b>	\$100 and restitution if any	20 hrs	✓	✓	✓	Choices	Until Graduation	Removal possible	
	<b>Any Third Offense</b>	\$200 and restitution if any	40 hrs	✓	✓	✓	AOD AX	Probation Restriction/Activities Prohibited	Removal	Suspension Possible (Deferred)
<ul style="list-style-type: none"> <li>Possession of marijuana / marijuana paraphernalia</li> <li>Use of marijuana (even if of age)</li> <li>Smoking in a campus building</li> </ul>	<b>Any First Offense</b>	\$50 and restitution if any	10 hrs	✓		✓	E-CheckUp +\$20 fee	1 year from date charged		
	<b>Any Second Offense</b>	\$100 and restitution if any	20 hrs	✓	✓	✓	Choices	Until Graduation	Removal possible	
	<b>Any Third Offense</b>	\$200 and restitution if any	40 hrs	✓	✓	✓	AOD AX	Probation Restriction/Activities Prohibited	Removal	Suspension Possible (Deferred)
<ul style="list-style-type: none"> <li>Any of the above violations with associated legal charges</li> </ul>	<b>Any First Offense</b>	\$100 and restitution if any	20 hrs	✓	✓	✓	Choices	1 year from the date charged	Removal possible	
	<b>Any Second Offense</b>	\$200 and restitution if any	40 hrs	✓	✓	✓	AOD AX	Probation Restriction Until Graduation/Activities Prohibited	Removal	Suspension possible (Deferred)
	<b>Any Third Offense</b>	\$400 and restitution if any		✓	✓	✓				Suspension or Expulsion
<ul style="list-style-type: none"> <li>Possession or use of illegal substances (not marijuana)</li> <li>Sale or distribution of illegal substances (including marijuana)</li> <li>Improper use of prescription drugs</li> </ul>	<b>Any First Offense</b>	\$200 and restitution if any	40 hrs	✓	✓	✓	AOD AX	Probation Restriction Until Graduation/Activities Prohibited	Removal	Suspension Possible (Deferred)
	<b>Any Second Offense</b>	\$400 and restitution if any		✓	✓	✓				Suspension or Expulsion

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## Current AOD Policy

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CSU-Pueblo is committed to fostering and sustaining an environment that furthers academic and student development. The health and safety of our students is paramount. The University recognizes the dangers and effects that alcohol and other drugs have on the success of students and will not tolerate the excessive, inappropriate, and/or illegal use of alcohol or drugs.

The University complies with all local, state, and federal laws concerning alcohol and drugs. CSU-Pueblo students are responsible for acquainting themselves with these laws and the University's policies regarding alcohol and other drugs.

Below is the Alcohol and Other Drug Policy:

CSU-Pueblo students, student organizations, Greek organizations, athletic and club sports teams, and their visitors must comply with all local, state, and federal laws concerning alcohol and other drugs. CSU-Pueblo will not tolerate the excessive, inappropriate, or illegal use or abuse of alcohol or other drugs.

For full access to the Alcohol and Other Drug Policy Please Visit – <http://csu-pueblo.policies.colostate.edu/policy.aspx?id=121>

### A. Alcohol

#### 1. Underage Possession or Consumption

If you are under age 21, you cannot purchase, possess, or consume alcohol.

#### 2. Providing Alcohol to Minors

No student, regardless of age, shall provide alcohol to anyone under age 21.

#### 3. Public Intoxication

Being intoxicated by alcohol in a public space, and being a danger to yourself or others is prohibited.

#### 4. Severe Intoxication

Being intoxicated by alcohol to a level that requires, or appears to require, medical attention or supervision by others, is prohibited.

#### 5. Drinking Games and Paraphernalia

The possession or use of drinking devices that dispense alcohol, such as funnels, luges, keg taps, etc. is prohibited. The promotion, possession or playing of alcohol drinking games, such as beer pong, is prohibited.

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## Current AOD Policy Con't

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### **6. Alcohol in the Residence Halls**

Possession or consumption of alcoholic beverages or the possession of alcohol containers (including empty alcohol containers) is prohibited in the Belmont, Crestone, Culebra, and Greenhorn residence halls, regardless of age.

### **7. Alcohol in Other University Housing**

Students and guests age 21 and older are permitted to possess and consume alcohol inside their private apartments in University Village at Walking Stick Apartments provided that the legal consumption of alcohol does not violate any University policy. Any group or organization that meets in University Village at Walking Stick Apartments must also comply with regulations as provided by the Office of Student Engagement and Leadership.

### **8. Irresponsible Serving of Alcohol**

When providing alcohol to those of the legal age to drink, students must practice responsible serving procedures. Irresponsible serving procedures include, but are not limited to: providing alcohol to intoxicated individuals, providing alcohol to minors, allowing such individuals to drive, or creating environments of binge drinking.

### **9. Driving While Ability Impaired or Driving Under the Influence**

Students are required to follow the laws of the State of Colorado regarding alcohol and/or drugs and driving. Students receiving citations for DWAI or DUI may also be sanctioned by the University.

## **B. Other Drugs**

### **1. Possession, Use, or Sale of Marijuana**

Pursuant to Federal law, possession, use, or sale of marijuana is prohibited on campus. Marijuana possession, use or sale is also prohibited at University sponsored events, even if held off-campus.

### **2. Medical Marijuana**

Students and guests who have been issued a Medical Marijuana Identification Card by the State of Colorado, or have a license from another state, may not possess, use, or sell marijuana on University property, including in University housing areas. Medical Marijuana possession, use or sale is also prohibited at University sponsored events, even if held off-campus.

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## Current AOD Policy Con't

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### **3. Illicit Substances**

Possession, use, or sale of illicit substances is prohibited. Illicit substances include scheduled amphetamines, anabolic steroids, cocaine, hallucinogens, heroin, inhalants, marijuana, methamphetamines, tranquilizers, etc. Unscheduled substances are also prohibited (e.g. street drugs).

### **4. Prescription Medication**

Students or guests who have been prescribed medications (including scheduled drugs) may only use those medications as prescribed. Any other use or unauthorized sale is prohibited.

## **C. Medical Amnesty & Emergencies**

### **1. Medical Amnesty**

CSU-Pueblo encourages all students to call for help when any sign of alcohol poisoning or drug overdose is observed. Students who call for help to assist a friend or themselves may be eligible for medical amnesty. Students who are provided medical amnesty may not be subject to disciplinary sanctions; however, educational sanctions may be applied. Receipt of medical amnesty is at the discretion of the Director of Student Conduct and Case Management.

### **2. Failure to Respond to an Alcohol or Drug-Related Emergency**

Students who fail to call for medical assistance in an alcohol or drug-related emergency may be subject to disciplinary action and may receive enhanced sanctions.



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## Current Tobacco Policy

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### PURPOSE OF THIS POLICY

Campus-wide smoking and tobacco regulations are intended to limit the potential adverse effects of smoking and other tobacco use.

### APPLICATIONS OF THIS POLICY

This policy applies to all individuals while on or in University owned or leased property.

### EXEMPTIONS FROM THIS POLICY

1. Tobacco or other smoking products used as the subject matter of a bona fide research project approved by the Provost or designee; and
2. Ceremonial use of tobacco in connection with the practice of cultural activities by American Indians, as provided by the American Indian Religious Freedom Act, 42 U.S.C sections 1996 and 1996a, allowing for the use of ceremonial tobacco. All ceremonial use events must be scheduled in advance with Environmental Health Services.

### DEFINITIONS USED IN THIS POLICY

"Smoking" means inhaling, burning, or carrying any lighted or heated cigar, cigarette, pipe, e-cigarette, vaping product, water pipe, or device used to inhale tobacco and other substances, including but not limited to cloves, herbs, synthetic substances and marijuana substances. This does not include the inhalation of prescribed medications. Marijuana, even if medically prescribed, is not considered a prescribed medication for purposes of this policy and is strictly prohibited.

"Tobacco Products" means all forms of tobacco and imitation tobacco products, including but not limited to cigarettes, cigars, pipes, water pipes (hookah), electronic/e-cigarettes, and smokeless or "spit" tobacco, and specific nicotine products.

### POLICY STATEMENT

- Tobacco use and smoking is prohibited in all campus buildings and on all campus grounds whether the property is owned or leased by CSU-Pueblo, and in all campus-owned vehicles. Tobacco use is also prohibited at all institution-sponsored off-campus functions.
- Tobacco Product sales are prohibited on any campus-owned or campus-leased grounds/facilities.
- Tobacco industry promotions, advertising, marketing, and distribution are prohibited on any campus-owned or campus-leased grounds/facilities.

For full access to the Tobacco Policy Please Visit – <http://csu-pueblo-policies.colostate.edu/policy.aspx?id=42>

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## Faculty and Staff Related

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### **Drug-Free Workplace Policy**

All employees must adhere to the Drug Free Workplace Policy to ensure a safe working environment, it is the policy of Colorado State University - Pueblo that use of alcohol, other drugs, or controlled substances during work hours is prohibited. Likewise, it is the policy of Colorado State University - Pueblo that illegal possession, manufacture, use, sale, or transfer of a controlled substance on state property or during work hours by its employees is prohibited. Violations of this policy will be cause for corrective or disciplinary actions up to and including termination.

For full access to the Drug Free Workplace Statement Please Visit –

<https://www.csupueblo.edu/human-resources/policies-procedures/drug-free-workplace.html>

