Greetings International Students,

Due to concerns that have been expressed to the Center for International Programs and Inclusive Excellence (the Center) regarding the novel coronavirus (COVID-19), Assistant Dean Bonnie Fruland and I are emailing you today to offer our support and share information.

Below are a few questions that you have already asked:

**Question: Can I travel for spring break?**

**Answer:** The short answer is “yes,” but, as always, we recommend that you use your own best judgement, and all available information, when making personal travel plans. We also recommend that you review travel restrictions shared on the CDC website: [https://www.cdc.gov/coronavirus/2019-ncov/travelers/faqs.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/faqs.html)

**Question: Should I book flights home for the summer?**

**Answer:** Please review guidance from the CDC (link, above), the [US Department of State](https://travel.state.gov) and the [World Health Organization](https://www.who.int). Most airlines offer travel insurance in case you need to change travel plans. Please consult with the airline or your travel agent.

**Question: What if I’m graduating this semester, and I can’t travel home due to travel restrictions?**

**Answer:** For students who are scheduled to graduate in May: F-1 students have a 60-day grace period, and J-1 students have a 30 grace period in which to leave the US. There may be other options to pursue to extend your stay should you need to. Please be mindful of the program end date on your I-20 or DS2019, and contact P/DSO for more information.

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**Question: How will the university support me if I am unable to travel home for the summer due to travel restrictions?**

**Answer:** If you find yourself in a position where travel back to your home this summer is not possible, please immediately contact Bonnie Fruland or Strider Swope, and let them know about your situation. Possible solutions will be discussed on a case-by-case basis.
Additional Information:

CSU Pueblo leadership is closely monitoring the COVID-19 situation; we have a number of individuals working on a plan to ensure that we are prepared to take care of our students and employees in the event our campus is directly impacted by the coronavirus. We have prepared a website to keep you informed and up-to-date on CSU Pueblo’s policies and planning: [CSU Pueblo Coronavirus](https://www.csupueblo.edu/student-health-services/index.html)

Staying Healthy

Our state and Pueblo Department of Public Health and Environment and the CDC continue to advise that the most important steps one can take to avoid getting sick from any virus – including the flu – are also the best steps to take if you’re concerned about COVID-19: wash your hands often with soap and water, cover a cough or sneeze, and stay home if you are sick. If you want more information about the virus and staying well: [https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf)


Read More

- US State Department: [https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html](https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html)
- CSU Pueblo’s Student Health Services: [https://www.csupueblo.edu/student-health-services/index.html](https://www.csupueblo.edu/student-health-services/index.html)
- Coronavirus Global Cases by John Hopkins: [https://gisanddata.maps.arcgis.com/apps/opsdashboard/index.html#/bda7594740fd40299423467b48e9ecf6](https://gisanddata.maps.arcgis.com/apps/opsdashboard/index.html#/bda7594740fd40299423467b48e9ecf6)

Feel free to visit the Center if you have any questions or concerns.

Thank you,

**Timothy Mottet**  
President

**Bonnie Fruland, MSOL | Assistant Dean**  
**Student Support and Advocacy**  
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