

Program Name	Date Completed
<b>DOC-Health and Fitness Certificate</b>	<b>5/21/25</b>
Report Completed By	Report Contributors
<b>Tina Twilleger</b>	<b>Carol Foust</b>
Brief Statement of Program Mission and Goals	
<p>This is a Health and Fitness Certification developed specifically for students in the Colorado Department of Corrections. The 12 credit hour certification will prepare students to sit for a personal training certificate and work in a variety of fitness locations. The goal of this program is to help special populations to advance in career achievement. The certificate is limited to students in the Colorado Department of Corrections.</p> <p>Program Goals:</p> <ol style="list-style-type: none"> <li>Provide coursework that prepares students to effectively work in careers with diverse populations and cultures, and that adequately prepares students for advanced education in a dynamically changing health science and human movement community.</li> <li>Use relevant and best practice pedagogy, activities and assessments which connect students to the workforce/community.</li> <li>Engage in the use of current technologies in preparing students for the health and human movement-related needs of the future.</li> <li>Expose students to contemporary ethics and cultural issues they will encounter in the health science and human movement work force.</li> </ol>	

### Table I Closing the Loop

Report on at least one data-informed change to your curriculum during AY 2024-2025 that was implemented to improve student learning, in response to prior assessments or other data.

<b>A. Describe issues or SLOs addressed in the AY 2024-2025 cycle. Paste SLOs verbatim below.</b>
First assessment report on this program.
<b>B. In which academic year and semester was this SLO last assessed to generate data that informed the change(s)?</b>
Has never been assessed.
<b>C. What were the recommendations for change in the previous cycle? (See Column H in the previous cycle's report.)</b>
N/A first year assessed.



**D. How were the recommendations for change acted upon?**

This is the first year the program has been assessed.

**E. How did the change(s) impact student learning? If the change was not effective, what are the next steps or new recommendations?**

N/A first time program has been assessed

**Enter Table I Closing the Loop Comments Below**



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Table II Annual assessment of Student Learning Outcomes (SLOs) in AY 2024-25

1. Include information to share assessment processes, results, and recommendations for improved student learning. Copy this table for each assessed outcome.

<b>A. Program SLO assessed in this cycle. Copy the SLOs verbatim from the assessment plan.</b>
1. Possess content knowledge and skills necessary for their perspective fields of study. 2. Exhibit the ability to read and interpret scientific research with application of the scientific methods, statistics, study design, and reporting; 3. Evaluate and integrate critical concepts and skills acquired in the EXPER program to common professional problems in the fields of interest;
<b>B. Semester and year this SLO was reported on prior to this cycle.</b>
First time program has been assessed
<b>C. Describe the assessment method for this SLO.</b>
Behavior Change Project scores assessments (SLO 1, 2, 3)
<b>D. Described student group(s) assessed. Provide the number of students or number of artifacts assessed.</b>
9-YOS students enrolled in the certificate.
<b>E. Expected proficiency level and proportion of students who should reach this level.</b>
Students will achieve at least a 70% on the assessment. If more than 30% do not meet the criteria, changes will be made to improve the achievement.
<b>F. Assessment results and number of students who met proficiency level.</b>
9-YOS students were assessed on the behavior change project and 9/9 scored above 70%. The average for the report was a 95%.



**G. Describe what results indicate about student performance.**

Overall, the department is pleased with the outcomes. However, it may be worthwhile to have the students reflect on the assignment itself to see how they can use the assignment in the working world.

**H. Describe program level changes/improvements planned for AY 2025-2025 informed by this assessment.**

Moving forward we may want to include a self-assessment with a client to see how to interpret a behavior change with someone else along with this assignment.

**Enter Table II AY 2025 Assessment Comments Below**