

ACADEMIC PLANNING SHEET

B.S. EXHP Pre- Athletic Training Emphasis

COLORADO STATE UNIVERSITY – PUEBLO

2018-2019 CATALOG

Roger Clark, Ph.D., ATC, Associate Professor and Director Athletic Training

PHONE: 549-2530 EMAIL: roger.clark@csupueblo.edu

Makenna Linn, Assistant to the Director of Athletic Training

PHONE: 549-2726 EMAIL: makenna.linn@csupueblo.edu

Pamela Parrack, Administrative Assistant II – EXHPR

PHONE: 549-2381 EMAIL: pamela.parrack@csupueblo.edu

	Fall Semester		Spring Semester	
First Year	AT 102: Introduction to Allied Health	2	AT 232: First Aid	2
	EXHP 162: Personal Health	3	AT 260: Injuries/Illnesses Care & Prevention	3
	EXHP 162L: Personal Health Lab	1	BIOL 112: Nutrition	3
	ENG 101: English Composition I	3	ENG 102: English Composition II	3
	MATH 121: College Algebra	4	BIOL 100/L: Principles of Biology/Lab	4
	CIS 100: Intro to Word & Windows	1		
	CIS 103: PowerPoint & Web Publishing	1		
	CIS 104: Excel Spreadsheets	1		
	TOTAL SEMESTER HOURS	16	TOTAL SEMESTER HOURS	15
Second Year	AT 234: Emergency Care	2	BIOL 223/L: Human Physiology & Anatomy I/Lab+	4
	EXHP 222: Behavior Facilitation	3	COMR 103: Speaking & Listening	3
	EXHP 343: Research and Statistics	3	General Education	6
	PSYCH 151: Human Development	3		
	CHEM 121: General Chemistry I/Lab	4		
	TOTAL SEMESTER HOURS	15	TOTAL SEMESTER HOURS	13
Third Year	BIOL 224/L: Human Physiology & Anatomy II/Lab	4	AT 301: Physical Assessment	3
	EXHP 201: Drugs and Healthy Lifestyles	3	BIO 220: Medical Terminology	2
	EXHP 364: Kinesiology	3	EXHP 344: Exercise Physiology	3
	PSYCH 205: Introduction to Sport Psychology	3	EXHP 344L: Exercise Physiology Lab	1
	General Education	3	EXHP 382: Lifestyle Disease Risk Reduction	3
			EXHP 432: Applied Sport and Exercise Psych	3
	TOTAL SEMESTER HOURS	16	TOTAL SEMESTER HOURS	15
Fourth Year	AT 323: Functional Exercise Training	2	EXHP 440: Biomechanics	3
	EXHP 436: Exercise Assessment	3	EXHP 461: Managing Programs in EXHPR	3
	PHYS 201/L: Principles of Physics I/Lab	4	EXHP 498: Internship/Field Experience/Research	12
	General Education	3		
	TOTAL SEMESTER HOURS	12	TOTAL SEMESTER HOURS	18

+ Prerequisites needed to apply in clinical education portion of program

DISCLAIMER: The Academic Planning Sheet is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of an academic advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered CSU-Pueblo.

ACADEMIC PLANNING SHEET

B.S. EXHP Pre- Athletic Training Emphasis

COLORADO STATE UNIVERSITY - PUEBLO

2018-2019 CATALOG

General Education Requirements: 24 semester hours

- ENG 101: English Composition I (3) ***
- ENG 102: English Composition II (3) ***
- Mathematics Course (3)
 - MATH 121: College Algebra (4) ***
- Humanities Courses (9)
 - COMR 103: Speaking and Listening (3) ***
- History Course (3)
- Social Sciences Courses (6)
 - PSYCH 151: Human Development (3) ***
- Natural and Physical Sciences Courses (8) (2 courses with labs)
 - BIOL 223: Human Physiology & Anatomy I (3) ***
 - BIOL 223L Human Physiology & Anatomy I Lab (1) ***
 - BIOL 224: Human Physiology & Anatomy II (3) ***
 - BIOL 224L Human Physiology & Anatomy II Lab (1) ***

Course Completed elsewhere CSU-Pueblo equivalent
(Ex: English 101) (Ex: English 101)

Required Major Courses: 61 semester hours

- AT 101 Introduction to Allied Health (2) **
- EXHP 162: Personal Health (3) **
- EXHP 162L: Personal Health Lab (1) **
- EXHP 201: Drugs and Healthy Lifestyles (3) F
- EXHP 222: Behavior Facilitation (3) **
- AT 232: First Aid (2) **
- AT 234: Emergency Care (2) **
- AT 260: Injuries/Illnesses Care & Prevention (3) **
- AT 301: Physical Assessment (3) **
- AT 323: Functional Exercise Training (2) **
- EXHP 343: Research and Statistics (3) **
- EXHP 344: Exercise Physiology (3) **
- EXHP 344L: Exercise Physiology Lab (1) **
- EXHP 364: Kinesiology (3) **
- EXHP 382: Lifestyle Disease Risk Reduction (3) S
- EXHP 432: Applied Sport and Exercise Psych (3) S
- EXHP 436: Exercise Assessment (3) **
- EXHP 440: Biomechanics (3) (*offered upon demand*)
- EXHP 461: Managing Programs in EXHPR (3) S
- EXHP 498: Internship (12) **
OR
- EXHP 494: Field Experience (9) **
- EXHP 492: Research (3) **

Other Required Courses 23 semester hours

- BIOL 112: Nutrition (3) **
- BIOL 220: Medical Terminology (2) S
- BIOL 223: Human Physiology & Anatomy I (3) ***
- BIOL 223L: Human Physiology & Anatomy I Lab (1) ***
- BIOL 224: Human Physiology & Anatomy II (3) ***
- BIOL 224L: Human Physiology & Anatomy II Lab (1) ***
- CIS 100: Intro to Word and Windows (1) **
- CIS 103: Power Point and Web Publishing (1) **
- CIS 104: Excel Spreadsheets (1) **
- COMR 103: Speaking and Listening (3) ***
- ENG 101: English Composition I (3) ***
- ENG 102: English Composition II (3) ***
- MATH 121: College Algebra (4) ***
- PSYCH 151: Intro to Human Development (3) ***
- PSYCH 205: Introduction to Sport Psychology (3) F
- General Education: History (3)
- General Education: Humanities (6)
- General Education: Social Science (3)
(Courses *italicized* meet General Education requirements)

Hours Outside the Major: 12 semester hours

- BIOL 100/L: Principles of Biology and Lab (4) **
- CHEM 121/L: General Chemistry I and Lab (4) **
- PHYS 201: Principles of Physics I and Lab (4) **

** Course may be offered Fall or Spring

Institutional Graduation Requirements:

- Total of 120 semester hours, minimum.
- Complete a minimum of 40 semester hours in upper-division courses.
- Overall cumulative grade point average of 2.00.
- A minimum of 60 sem. hours must be earned from a four year institution. Of these, a minimum of 30 sem. hours of credit must be earned in residence.
- Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- All other requirements as specified in the Catalog.

Additional Major Graduation Requirements:

- Complete the major of study with a cumulative GPA of 2.75 or higher
- Earn a minimum grade of a "C" in all prerequisite and major courses
- Receive grades of no less than "B" in all AT courses
- Earn a cumulative of 2.0 or higher in required English and speech communication courses.
- Acceptance into the major.

DISCLAIMER: The Academic Planning Sheet is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of an academic advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered CSU-Pueblo.