## Women's Attire

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Jackets, Skirts, Pants

| Fabric | Wool, light weight wool blend skirt/pant <br> suits, skirt length should not go above knee | Linen, high sheen silk, cotton |
| :--- | :--- | :--- |
| Colors | Black, dark gray, navy blue | Earth-tones, charcoal gray, navy blue, <br> medium blue, black |
| Buttons | Matching fabric-covered or dark resin | Metal gilt - silver, white, or clear plastic |
| Tops, Blouses, Shirts | Silk, silk blends, cotton/poly blends | Cashmere, knit twin sweater sets, jersey, <br> heavy-weight sweaters, 100\% cotton |
| Fabric | High, standup, with notches, sharp points | Mock turtleneck, soft rounded points |
| Collars | Long sleeve w/ cuffs | Long or short sleeve |
| Sleeves | White, ivory, cream | Black, brown, purples, coral, aqua, <br> earth-tones |
| Colors |  |  |

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## Men's Attire

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| Jackets, Trousers |  | Wool, light weight wool blend suits |
| :--- | :--- | :--- |
| Fabric | Black, dark gray, navy blue | Cotton blend, heavy-weight wools |
| Colors | Dark resin | Earth-tones, tan, light gray |
| Buttons |  |  |
| Tops, Shirts |  |  |


| Fabric | 100\% Cotton, cotton/poly blends | Cashmere sweaters, textured cotton blends, <br> Knit polo shirts, medium weight sweaters |
| :--- | :--- | :--- |
| Collars | High, standup, sharp points | No Polo shirts |
| Neckline | All buttons buttoned with high quality silk <br> tie in conservative color | Top button unbuttoned with no tie |
| Sleeves | Long sleeve with french cuffs and cufflinks | Long sleeve |
| Colors | White, light blue | Pastels, earth-tones, ivory, black, darker <br> shades of any color |

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## What Not to Wear: Women

| SHIRTS | SKIRTS/PANTS | MATERIALS | COLOR | SHOES |
| :---: | :---: | :---: | :---: | :---: |
| Revealing necklines | Minis, any length skirts above the knee | Chiffon or see-through ANYTHING | Harsh colors, bright, garish prints | Platforms, stilettos, strappy sandals |
| Excessive ruffles | Skirts/pants that are too tight, "Skinny" dress pants | Denim or Spandex | Metallics or excessive shine | Heels taller than 2.5-3 inches |
| Spaghetti straps, Camisole-styles | Any shorts or capri pants | $100 \%$ linen or any easy to wrinkle material | Gimmicky styles, outdated fads | Brightly colored dress shoes |
| Halter tops, Strapless tops, Backless styles | Plaids, pinstripes | Satin, sequins, rhinestones, feathers | Faded colors | Open-toed |



## What Not to Wear: Men

| SHIRTS | PANTS | MATERIALS | COLOR | SHOES |
| :---: | :---: | :---: | :---: | :---: |
| Trendy dress shirts | Too short or too long | See-through ANYTHING | Harsh colors, bright, garish prints | Worn out shoes |
| Un-tucked shirts | Plaids, pinstripes | Denim or spandex | Metallics or excessive shine | Brightly colored dress shoes |
| V-necks that expose chest hair | Sloppy or oversized | 100\% Linen or any easy to wrinkle material | Gimmicky styles, outdated fads | Athletic shoes, Flip-Flops |
| Tanks tops, muscle or athletics tees | Khakis (beige slacks are okay) | Worn out materials | Faded colors | Any type of boot |



## Do's and Don'ts of Accessories: Women

DO'S

| Jewelry | Gold or silver | Gaudy, statement pieces |
| :--- | :---: | :---: |
| Earrings | Pearl, diamond, gold, or silver studs, 1 per ear | Dangling, large or multiple |
| Necklaces | Pearls, gold, silver | Crafts |
| Scarves | Hand-rolled edging, silk, poly blend | Garish prints |
| Rings | 1 ring per hand | Thumb rings |
| Bracelets | Solid cuffs, tennis bracelets | Charm bracelets |
| Buttons | Same color or darker than the jacket | Novelty |
| Watch | Gold/stainless steel metal link band in proportion to |  |
| your body structure |  |  |



## Do's and Don'ts of Accessories: Men

|  | DO'S | DON'TS |
| :---: | :---: | :---: |
| Jewelry | Minimal | Necklaces |
| Earrings | Never | Never |
| Rings | 1 ring per hand | Thumb rings |
| Bracelets | Never | Never |
| Buttons | Same color or darker than the jacket | Novelty |
| Watch | Gold/stainless steel metal link band or padded leather band | Cloth, plastics, bright colors, sports watch |
| Belts | 1-inch, material matches shoes, simple buckle | Novelty, western over-sized buckles |
| Portfolio | Black polished leather |  |
| Socks | Dark solid colors, light weight, matching your pants | Sports sock, thick, heavy, white |
| Shoes | High sheen leather, black or brown, lace up shoes, thin soles | Chunky, waffle soles, canvas, athletic/sport, sandals |

## General Grooming Tips

Hair: Clean and neatly styled, no wet hair, no over the top colors or hairstyles, Men - if you are interviewing in more conservative industries you may need to go for a shorter haircut, Men - trim chest hair (no hair visible at the neckline!)
Shoes: Polished and in good condition
Details: Don't forget to remove tags, suit tacking stitches, loose threads, lint etc. The stitched tag label on the outside of men's suits should be removed.
Nails: Clean, trimmed, neatly manicured, Women - no extreme colors or length
Cosmetics: Makeup should be conservative, aim for a natural, polished look
Perfume/Cologne: Use very little or not at all, clothes should be odor free (no smoke smell!)
Facial Hair: Clean shaven or trimmed very short and neat
Tattoos: Cover all tattoos if possible
Piercings: Remove all facial and body piercings, Women - one earring per ear, Men - No earrings
Back-packs: Do not take a back-pack to an on-site interview. For on-campus interviews you can leave it in the cubbies in the interview suites or check out a locker in the BBA Career Services Office (CBA 2.116).
Purse: A small, conservative handbag or business tote bag is acceptable. Bag should coordinate with shoe color.
Padfolio: Opt for a padfolio to hold interviewing documents (resume, references, notes, etc.) versus a briefcase. Padfolio should be a black, navy or dark brown leather or synthetic material.

## Instructions on How to Tie a Tie

Selecting a tie: Choose high-quality, non-distracting, conservative dark blue or dark red necktie made of $100 \%$ pure silk.

How to Tie a Simple Half Windsor Knot:

1. Place the necktie around your neck with the wide part of the tie on your left side. Take the wide end of the tie and cross it over the narrow end at a 90 degree angle.
2. Pull the wide end of the tie around the part on your right side of the collar. Pull it behind the tie.
3. Then pull it slightly tight and back around the narrow end of the tie. As a tip: Hold the half finished knot in place with your left hand.
4. Pull the wide end behind the tie and around back to the front side of the narrow end. Then, just like before, pull the wide end of the necktie around the part located on your right side near your collar. Don't pull it tight, but make sure you have a loop on the front of the unfinished Windsor.
5. Pull the wide end through the loop.
6. Slightly tighten the knot and you are done tying a half Windsor tie knot.

Source: http://www.tie-knots.org/how-to-tie-a-half-windsor-necktie-knot.html Additional videos and picture instructions can be found at Tie-Knots.org.


